

Tribute To Dr. Ahmed Sayeed

Pathologist & Co-President of SIUT North America.



Dr. Ahmed Sayeed (1936 - 2015)

It is with great sadness that I write these lines about the loss of my very dear and close friend Sayeed who to the rest of the world was known as Dr Ahmed Sayeed.

I first met Sayeed at Dow Medical College through common friends where we both were students. Our friendship nurtured and gained solid footings when we went to England for our post graduate trainings, while we were struggling to study and carry out our jobs to gain financial stability. A highly energetic and focused man, Sayeed obtained fellowships both from the US and England and established his name as a renowned pathologist in the world of Histopathology. At several stages in his career, Sayeed wanted to return home but things never worked out. Looking back this was a blessing in disguise for him as staying in the US he was able to serve at top ranking medical institutions and achieve distinction in his profession. A man of few words, Sayeed was a very soft spoken, kind and generous person with doors of his abode always open for everyone who needed help.

Besides these remarkable professional and human qualities, his penchant for Urdu literature showed his taste for finer things in life. His love for poetry and music often proved instrumental in holding literary sittings, mushairas and musical evenings at his home in Houston. Sayeed was lucky to have a wife like Fatima and daughter Amina, who besides being successful professionals as a general practitioner and a gynecolo-

gist in their respective fields, also joined hands with him in his professional and nonprofessional endeavors.

SIUT will forever remain indebted to Sayeed for establishing the SIUT North America Inc. some 15 years back when he motivated the community in the best possible manner to support SIUT activities. SIUT will always be thankful to Sayeed and his family for their untiring efforts to promote SIUT activities in North America.

Sayeed, the founder Co-President of SIUT North America and also a member of SIUT Trust till his death worked tirelessly to support SIUT activities entirely on a voluntary basis and did not receive any kind of remuneration or benefits. He organized several donation campaigns throughout US to collect funds from Pakistani expatriates and citizens. Since its establishment SIUT North America has donated equipment and medicines to SIUT worth more than US \$ 5.4 millions.

SIUT North America in collaboration with APPNA Ohio and Medwish International also helps to ship containers of medical equipment and supplies to SIUT. These two organizations collect unused excess hospital supplies e.g. disposables, consumables, equipment and, furniture worth hundreds of thousands of US dollars with SIUT North America bearing all shipment expenses.

I hope that my dear friend rests in peace knowing that what he did for his SIUT will always be remembered with gratitude. He will be remembered not only by me but by all those who have benefited and will continue to benefit from SIUT North America's support, an endeavor of selfless support and generosity initiated so successfully by Sayeed.

It is comforting to know that although your loved ones may leave this world but stay forever in our hearts. My friend Ahmed Sayeed falls in the same category.

Adib Rizvi



Dr. Ahmed Sayeed with Friends of SIUT North America

Dr. Rajalingam Sinniah delivered Dr. Ahmed Sayeed's Memorial Lecture "The pivotal role of tissue pathology in the diagnosis and management of renal diseases and transplantation"

Glowing tributes were paid to Dr Ahmed Sayeed an outstanding Pathologist of Houston at a memorial meeting organized by SIUT in Karachi. Late Dr Ahmed Sayeed was one of the founding member and co-President of SIUT North America who passed away last Year.

Dr Rajalingham Sinniah another internationally acclaimed Pathologist from West University of Australia delivered a scientific lecture and complimented late Dr Sayeed in strengthening the SIUT Pakistan in the best possible manner.

In his key note address Dr Sinniah said that the introduction of renal biopsy has played a significant role in medical treatment of kidney ailments. He said that the pathological facilities at SIUT are the best and the best part is that they are free.

Dr Rajalingham Sinniah spoke discussing from 19th to early 20th Century Renal Pathology and Clinical Classification, Percutaneous Renal Biopsy for Clinical Diagnosis, Mid 20th Century Pioneers / Light and Electron Microscopy in Renal Pathology, Immunopathology / Immunofluorescence Techniques, Indications for Percutaneous Renal Biopsy to 2016 - the Various Types of Renal Diseases in his lecture.

Dr Sinniah who is a Clinical Professor of Pathology at the University of Western Australia in his address said "accurate and early diagnoses" is a vital component for the treatment and management of any ailment therefore the importance of renal pathological services cannot be further emphasized. The visiting doctor from Australia lauded the available pathological facilities at SIUT and said they are fully equipped with all the diagnostic modalities including facilities required for transplantation. He further said the best part is that all the facilities of SIUT that they are free otherwise the same facility elsewhere is quite expensive. Australian doctor also paid tributes to Dr Sayeed and recounted his contribution in the field of pathology.

Director SIUT Prof. Adib Rizvi, Prof Naqi Zafar Head of Pathology Department of SIUT also spoke and paid rich tributes to the late doctor. Dr Fatima Sayeed wife of Dr Sayeed who flew from Houston to attend the memorial meeting was also present beside large number of pathologists representing various medical institutions.

Brief video clips of some of Dr Sayeed's close friends were also screened as a part of the memorial meeting. The video impression included personalities like Dr S.R.A.Kermani, Dr Ghazala Ansari, Dr Ali Jamshed, Dr Qadir Hashmi and Dr Suraiya Rasheed.



Dr. Rajalingam Sinniah



Dr. Fatima Sayeed



Dr. Ali Jumshyd

Dr. Ali Jumshyd's Homage to Dr. Ahmed Sayeed

How difficult a task may be when you have to write the life achievements of someone so close to you both as a friend and associate and with whom you have remained that close for more than 60 years.

Dr. Ahmed Sayeed was admitted as a medical student in Dow Medical College in 1955. From the first day in Dow Medical College, we were partners in the Anatomy Department, for the study of human anatomy in the Dissection Hall. He was the first student of our class to leave Karachi for postgraduate education in the UK in 1961. After several junior appointments as House Officer in General Medicine, he decided to complete postgraduate education in Pathology and passed the postgraduate qualification as member of Royal College of Pathologists, ultimately he was awarded fellowship (FCPS) from the Royal College of Pathologists. He worked as a consultant pathologist in Sheffield, UK.

He migrated to USA in 1977 and completed the postgraduate assignments in USA and passed the Board certification examination of American College of Pathology and practiced as staff pathologist in West Virginia and decided to move to Texas where he worked as consultant pathologist in various hospital Houston.

His last place of practice was in Angleton, Houston (USA). Besides his routine work as Staff Pathologist, he held the chief of staff position in Angleton Hospital for a considerable time. Besides working in healthcare, he had great interest in developing his original language i.e. Urdu in the literary circles of Houston and in developing the local participation in Urdu poetry.

He was very keen to develop medical care facilities in Pakistan and with that in mind, SIUT North America was established with some doctors who were the classmates of Dr. Adib Rizvi which is an organization now that procures donations from the general public to support SIUT Karachi and also serves as a charitable organization for other healthcare facilities in USA. Personally, being so close to Dr. Sayeed I can only emphasize how concerned he was in solving and trying to help the general community members particularly those from various parts of Pakistan and now settled in USA.

We will miss him forever for the great contribution he made for helping the people of Pakistan to develop healthcare facilities, and surely deserves to be appreciated by all his friends and those who were in contact with him every day at work. We all pray for his soul to rest in the best place in Heaven.

Ali Jumshyd (Dow Class of 1960)
Houston USA

Sindh CM Inaugurates Country's 1st Free PET Scan Facility



Dr. Adib Rizvi, CM Syed Murad Ali Shah, Dr. Ali Mandhro Minister for health, Mr. Jam Mehtab Dahar Minister Education & Literacy.



On March 22nd 2017 the Sindh Chief Minister Syed Murad Ali Shah inaugurated the 1st free cancer scanning facility PET CT Scan at SIUT's Mehrunnisa Medical Centre, Korangi, Karachi. PET CT has been operating since December 2016 and to date 105 procedures have been carried out at the centre.

PET CT (Positron Emission Tomography) Scan is a major diagnostic tool for the cancer population as it helps the doctors towards detection, diagnosis of cancer and its stages, enabling them for prompt and effective management of the disease.

Speaking on the occasion, the CM said that cancer is a major health issue all over the world and this facility will provide the much needed service for diagnosis of cancer patients in a public sector hospital. Mr Shah while lauding the services of Professor Adib Rizvi and his institute for the ailing humanity said that this is another achievement of SIUT to provide free medical healthcare facility by installing PET/CT and Cyclotron facility at its Korangi Centre.

On behalf of Sindh Government his Excellency reiterated continued wholehearted support to SIUT and announced to fully sponsor establishment of such facility in Sukkur Centre as well.

Director SIUT, Prof. Adib Rizvi gave a comprehensive presentation on SIUT and its services. He said that in the last decade some 20,000 patients of bladder, kidney, prostate and adrenal malignancies were registered at SIUT's Hanifa Suleman Dawood Oncology Centre. He pointed out that the treatment of these patients includes 28,000 major cancer surgeries, 51,990 radiotherapy, 26,474 chemotherapy and over 2,335 brachytherapy services provided free to the patients. The total out-patient visits numbered 162,116.

Enumerating the various services being carried out at Mehrunnisa, he said that there is a 6 day OPD schedule, medical and surgical treatment of patients with diseases of Urology, Nephrology, Paediatric, Hepato-gastroenterology, Diabetes and Pulmonology. The Centre is also providing dialysis facilities on daily basis at its 40 stations which is an important segment of SIUT's activities. Now inclusion of PET/CT facility for cancer treatment is a new addition to further broaden the scope of facilities provided at Mehrunnisa Medical Centre.

On this occasion, Dr. Ali Mandhro Minister for health Sindh and Mr. Jam Mehtab Dahar Minister Education and Literacy Sindh also accompanied the Sindh Chief Minister. The event was attended by a large number of people from different walks of life including doctors, paramedical staff, dignitaries and media representatives.

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