

## SIUT Medical Complex Sukkur Inaugurated

**S**IUT, the largest centre of excellence in Urology, Transplant, Nephrology and cancer diseases in the region has added a new milestone in SIUT's philosophy of providing quality medical treatment free with dignity and compassion, irrespective of caste, colour, creed and religious belief.

August 8<sup>th</sup> 2023 marks a historic day as SIUT Medical Complex Sukkur which was officially inaugurated by Mr. Bilawal Bhutto Zardari, Foreign Minister of Pakistan, providing state of the art healthcare facilities for the

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Prof Rizvi welcoming Mr. Bilawal Bhutto Zardari



## Benazir Institute of Urology and Transplantation (BIUT) Inaugurated A Collaborative Project of SIUT and Sindh Government

**S**indh Institute of Urology and Transplantation (SIUT) in collaboration with the Government of Sindh is to run the BIUT – SBA and to introduce a transformative initiative that aims to extend healthcare access directly to the community completely free of cost.

BIUT is a 300 bedded facility situated in the center of Benazirabad was inaugurated by Honorable Dr. Azra Fazal Pechuho, Health Minister, Government of Sindh on 4<sup>th</sup> August 2023. It will run with the help of SIUT funded by the Government of Sindh for a period of three years. SIUT faculty and staff will provide guidance and expertise for the scope of the institute under leadership of Professor Adib-ul-Hassan Rizvi, Director of SIUT.

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Dr. Azra Pechuho inaugurating BIUT with Mr. Abbas Baloch, Dr. Murli Dhar, Dr. Mirza Naqi Zafar, Dr. Anwar Naqvi, Dr. Gulshan Memon and Dr. Mohammad Ali Sohail.

## SIUT opens free Paediatric Cardiac Camps



**T**he Sindh Institute of Urology and Transplantation (SIUT) has started providing healthcare facilities to children suffering from congenital heart diseases and other cardiac disorders at birth.

The newly established Paediatric Cardiac Unit of the Institute organised community outreach camps in rural areas of Sindh province in recent weeks, where they identified children with symptoms that characterise cardiac disorders,

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## New SIUT Initiative Head and Neck Surgery Department

**H**ead and Neck cancer is the commonest cancer among males and second common among females after breast cancer, as reported by various centers, catering for the treatment of head and neck cancer. The most common causative agent to produce such cancers include consumption of tobacco, Gutka, Mawa, Chaliya and Paan.

The Department has all the

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**SIUT WISHES HAPPY EID AND INDEPENDENCE DAY TO ITS SUPPORTERS AND FRIENDS**

## SIUT Medical Complex Sukkur Inaugurated

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underprivileged population of the province. The first phase of SIUT Medical Complex at Sukkur Bypass is a 170 bed hospital with 70 dialysis machines.

The solemn ceremony, witnessed the gathering of government dignitaries, political leaders, medical professionals, SIUT staff members and general population, all united in their commitment to advancing medical services and uplifting the well-being of the citizens.

Professor. Adib Rizvi, Director SIUT, welcoming the guests said that "Pakistan is a low income country where 50 percent of the population lives in rural setting, and below the poverty line, disfranchised from tertiary health facilities. SIUT has achieved many landmarks that include more than six lac dialysis sessions per annum performed in eight centers; more than 6,900 transplants to-date with life-long follow-up of recipients and donors with medications; state of the art robotic surgery; treatment of cancer patients with PET CT and Robotic Surgery facility.

Along with nephrology including dialysis, urology and transplantation, SIUT has further added cancer diagnostic and treatment facility reinforcing SIUT's vision to take the facilities to the doorsteps of the patients creating Centres at Sukkur, Larkana and Benazirabad.

Professor Adib Rizvi further said that we are grateful to the Sindh government for establishing this centre and a large number of people have helped along the way. He thanked Syed Khursheed Ahmed Shah for his unending support right from the beginning of the project which made this dream a reality; Abbas Baloch and Yawar Jilani of ARCOP Pakistan for their exemplary cooperation.

Distinguished personalities including Foreign Minister Mr. Bilawal Bhutto Zardari, Federal Minister for Water Resources Syed Khursheed Ahmed Shah, Former Chief Minister Sindh Syed Qaim Ali Shah, current Chief Minister Sindh Syed Murad Ali Shah and Sindh Minister for Health Dr. Azra Fazal Pechuho graced the event. ■

## SIUT opens free Paediatric Cardiac Camps

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including bluish skin discoloration, which is a sign of insufficient oxygen in the blood or a heart murmur.

The population suffering from cardiac disorders also highlighted the challenges faced by countless people in remote and rural areas where access to medical facilities hinders timely treatment. A spokesman for the SIUT's Cardiac Unit said many families grapple with the issue of delayed healthcare, diminishing the effectiveness of even the best medical care that is otherwise available. He pointed out that "scarce medical facilities and a lack of awareness cause an increased risk of congenital birth defects." ■



## Benazir Institute of Urology and Transplantation (BIUT) Inaugurated A Collaborative Project of SIUT and Sindh Government

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BIUT will provide all treatment "Free with Dignity" to the people of Benazirabad including Urological services, Dialysis and Renal Transplantation with the collaboration. The Institute will provide State of the Art facilities for Endoscopic and Robotic Surgeries for the first time in the city. The facilities of BIUT will also cater for Urological Cancer, Urogynecology and Paediatric Urology. Three Operation Theaters will have facilities for endourology, Lithotripsy and two Robotic Surgery Units. Nephrology services will include OPD, 40 Dialysis machines, 10 bedded ICU and 05 wards, Radiology facilities will include X-ray, Ultrasound, CT scan and MRI, Laboratory services

will include Haematology, Biochemistry, Molecular Diagnostic, Blood Bank, Microbiology and Histopathology.

BIUT is academically affiliated by an Act of Parliament with the People's University of Medical and Health Sciences for Women, Shaheed Benazirabad for training and teaching of post-graduate, undergraduate and paramedical staff. In collaboration with SIUT training will be provided for fellowship programs in Urology, Nephrology, Liver Disease and other fields of medicine. BIUT therefore in collaboration with SIUT will open a new era of free treatment to thousands of patients in Nawabshah (SBA) and surrounding districts. ■

# SIUT

## Sindh Institute of Urology and Transplantation

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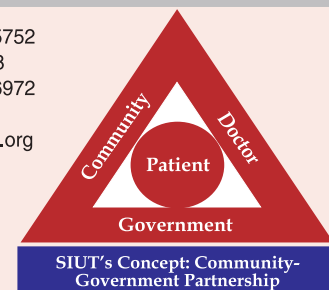
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## ASHI MEMBER SPOTLIGHT

### SIUT Faculty Dr. Mirza Naqi Zafar Honoured

**D**r. Mirza Naqi Zafar, Professor of Pathology and Transplant Immunology was honoured by The American Society for Histocompatibility and Immunogenetics for his contributions in establishing Tissue Typing and Histocompatibility Services for transplantation in SIUT. He was selected for member Spotlight by ASHI in 2023. Dr. Zafar helped develop Tissue Typing Services locally as well as in Nepal, Bangladesh, and Sri Lanka by training technologists and immunologists in the SIUT tissue typing laboratory. Dr. Zafar has published a number of papers on the role of HLA typing in Kidney Transplant outcomes. ■

## New SIUT Initiative Head and Neck Surgery Department

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state of the art facilities in terms of human resources and equipment. The surgeries which are frequently performed at SIUT include advance head and neck cancer surgery like laryngectomies, parotidectomy, excision of oral cancers, neck dissections as well as routine ENT surgeries like tonsillectomy, septoplasty, polypectomy and Maxillofacial surgical procedures.

Since the low socioeconomic group is most affected by this type of cancer. The cost of its treatment is very high. SIUT has taken the initiative to treat such patients free of cost. ■



## SIUT FCPS Urology residents Land mark achievement

**C**ongratulations to FCPS Urology residents who passed the July Examination. A great achievement as of the 11 who took the Exam 8 passed with flying colours. Good luck to the Candidates and praise for the Superiors who trained them. SIUT is a center for Urology training where doctors come from all over Pakistan and currently 69 doctors are under training for FCPS Urology. ■



Residents Celebrating with Urology Faculty and Supervisors.

## SIUT's Volunteer Program of Community Service

**S**IUT's student Volunteer Program was held from 3rd to 15th July 2023. This was the 55th and 56th batch of students who enrolled in the program that was started in 2006 where to date 6655 students have completed this program. Professor Adib Rizvi speaking at the Certificate distribution ceremony said that the core

principle of community service was based on empathy, compassion and dedication to serve selflessly. This program helps the young generation to see first-hand the medical problems of the disfranchised who cannot afford treatment and will infuse in them a spirit of help and care for fellow human beings. ■



SIUT Senior Faculty with Students at Certificate Distribution Ceremony

## Abdul Sattar Edhi's Seventh Death Anniversary July 8th 2016

Remembering

Abdul Sattar  
**Edhi**  
1928 - 2016

Thank you for  
**Teaching  
Humanity**

## SIUTNA Participates in 46<sup>th</sup> Annual Convention of APPNA in Dallas

SIUT - North America set up a stall at the Association of Physicians of Pakistan-decent of North America (APPNA) Convention in Dallas from 5th to 9th July 2023 to showcase services of SIUT. SIUTNA President Mr. Meraj Nazar, Executive Director Sarah Sher organized the SIUTNA Booth where many doctors attending the Conference appreciated the efforts of SIUT for providing Free care to the disfranchised of the country and role of SIUTNA for fund raising for this effort. SIUT Faculty, Dr. Sajid Sultan Professor of Pediatric Urology, Dr. Ali Lanewall Professor of Pediatric Nephrology and Dr. Shazia Mohsin, Pediatric Cardiologist attended the Conference. ■



## SIUT — Pharmacy Initiative Medication Therapy Management Services at Dialysis Units

Patients undergoing maintenance dialysis require various oral and parenteral drug regimens. This long list of medications brings non compliance especially in younger patients, bringing them in risk of non adherence and also increase medication record discrepancies.

To reduce the medication errors, SIUT have initiated Medication Therapy Management Services in dialysis units with the help of pharmacists. Along with the regular responsibility of preparing, verifying and dispensing medication to the patients, the pharmacist also visits patients at bedside and after reviewing the prescription and confirmation with duty doctor identify any discrepancy in prescription and dispensing medications. Till now approx. 350 medical prescriptions related concerns have been resolved.

This initiative has improved regular review of drug prescription, mitigate discrepancies and improved compliance. ■



## Eid ul Adha Celebrated at SIUT on 29th June 2023

With the blessings of Eid, let us renew our commitment to serving humanity and providing world-class healthcare to those in need. May this Eid bring happiness, peace, and good health to all. ■



SIUT staff and faculty on Eid Day



# LECTURES AT SIUT

## Lecture on Weight Management Beyond Nutrition and Lifestyle

**M**s. Saima Rasheed, Consultant Dietitian at National Medical Center, highlighted the role of "Weight Management Beyond Nutrition and Lifestyle."

Ms. Saima Rasheed emphasized a holistic approach to achieving and maintaining a healthy weight, emphasizing the importance of a well-

rounded lifestyle. Sustainable weight management involves following a balanced diet, regularly exercising, and engaging in stress-reducing techniques. Certain strategies can help a person lose weight. A healthy, balanced diet includes Trusted Source eating a variety of fruits, vegetables, and whole grains alongside healthy fats and protein sources. Regular exercise entails at least 150 minutes Trusted Source of moderate-intensity activity per week ■



Dr. Saima Rasheed (6th from left) with nutritionists at SIUT



Ms. Kehkashan Zehra presenting memento to Dr. Saima Rasheed

## Awareness Session on Patient Safety by Dr. Ahson Qavi Siddiqui, CEO Sindh Healthcare Commission

**S**IUT had the privilege of hosting an enlightening guest lecture by Dr. Ahson Qavi, the Chief Executive Officer of Sindh Health Care Commission. Dr. Qavi shared invaluable wisdom on topics crucial to the healthcare community such as Medical Errors and Patient-Centered Care.

His engaging session was attended by dedicated doctors, diligent paramedical staff, enthusiastic students, and our invaluable ancillary team members ■



Professor Anwer Naqvi presenting memento to Dr. Ahson Siddiqi

## Workshop on Quality Enhancement in Academic Programs Held on 29th August 2023

**D**r. Arshia Samin Naqvi, Head (Sohail University) Quality Enhancement Cell (QEC) conducted a workshop on QE in Academic Programs. A workshop was attended by all Senior Faculty and Head of Departments. ■



Dr. Arshia Samin Naqvi

## Lecture on Lutetium — 177 PSMA for the treatment of metastatic prostate cancer

**D**r. Aamna Hasan Consultant Nuclear Physician Shaukat Khanum Memorial Cancer Hospital & Research Center, Lahore had given a lecture on Lutetium - 177 PSMA for the treatment of metastatic prostate cancer on 23 August 2023 ■



Dr. Aamna Hasan

## Talk by Dr. Keymanthri Moodley on Ethical Challenges Associated with the use of Artificial Intelligence in Healthcare



Students featured in the photo along with Centre of Biomedical Ethics and Culture, SIUT faculty are represented from various institutes across the city and country.

Centre of Biomedical Ethics and Culture, SIUT organized a talk on 19th August 2023 by Dr. Keymanthri Moodley about the ethical challenges associated with the use of artificial intelligence in healthcare.

Dr. Moodley is a Distinguished Professor in the Department of Medicine and Head of the Division of Medical Ethics and Law at the Faculty of Health Sciences, Stellenbosch University, Cape Town, South Africa. Dr. Moodley also serves as an Adjunct Professor in the Department of Social Medicine at the University of North Carolina-Chapel Hill, USA. ■



Dr. Keymanthri Moodley

## Independence Day Celebrated at SIUT



## World Physiotherapy Day Celebrated at SIUT

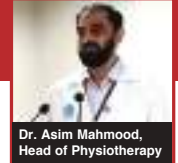
This year, 2023, the World Physiotherapy Day Theme is "Prevention and Management of Osteoarthritis". Every year, the World Physiotherapy puts up a specific theme on debilitating health issues concerned with movement.

The motto of physiotherapist, Slogans like "Reclaim Your Strength," "Move Better, Feel Better," or "Restore, Recover, Revive" express the main goals of physical therapy: restoring mobility, relieving pain, and improving overall well-being.

SIUT had the privilege of hosting Nolan Gall, a Fellow Physician at Penn Medicine, University of Pennsylvania Health System on 8th September 2023. His insightful lecture left the attendees with a wealth of knowledge and motivation to continue their mission of promoting health and well-being through physiotherapy. On this occasion the certificates were distributed to the participants which was followed by cake cutting ceremony. ■



Dr. Nolan Fall  
Guest Lecture



Dr. Asim Mahmood,  
Head of Physiotherapy



Dr. Nolan Fall, Dr. Asim Mahmood and Dr. Anwer Naqvi with Physiotherapists at SIUT

## SIUT Faculty participated in 8<sup>th</sup> World Congress of Pediatric Cardiology and Cardiac Surgery

The 8th World Congress of Pediatric Cardiology and Cardiac Surgery was held in September 2023 at Washington, USA. It served as a vivid reminder of the stark global disparities in pediatric heart care.

At the heart of this Congress lies a crucial Call to Action addressing the Global Burden of Pediatric and Congenital Heart Diseases (CHD). It wasn't just a call but a heartfelt plea to the world.

Urging to recognize the pain of those suffering in silence, Dr. Babar Hasan, professor of Pediatric Cardiology at SIUT, outlined the four key aspects of the Call to Action:

(1) Increase the capacity to care for people with pediatric and congenital heart diseases. (2) Build the pediatric and congenital cardiac workforce. (3) Close the data gap. (4) Finance pediatric and congenital cardiac care. ■



Dr. Babar Hassan (5th from left) with Conference attendees.



# VISITORS TO SIUT

## Delegation of JIGJIGA University, Ethiopia Visit SIUT

A delegation from Jigjiga University, Ethiopia, paid a visit to SIUT, led by Dr. Abdulahi Hussen Abdinur, MD Pediatrician & Vice President; Dr. Ahmed Abdiqadir Hussen, Dean of School of Medicine; Dr. Ahmed Abdulahi Hussen, MD Internist & Post Graduate Program Coordinator School of Medicine; Dr. Burhan Ahmed Abdi, MD & Lecturer Jigjiga University; Honorary Consul General of Ethiopia in Pakistan, His Excellency Ibrahim Khalid Tawab. Dr. Abdirasak Ahmed Adan, a postgraduate resident in Urology at SIUT from Ethiopia, also joined the distinguished guests.

During a presentation at SIUT's Aga Hasan Abedi Auditorium, Dr. Asad Shahzad, Professor of Urology SIUT welcomed the guests and he and Dr. Babar Hasan, Professor of Pediatric Cardiology SIUT also shared their experience at SIUT, enriching the event with their valuable insights.

Dr. Adib Rizvi, Professor & Director SIUT extended a warm welcome to the worthy guests. He gave an insightful presentation on the medical services offered by SIUT since its inception. Emphasizing the core values of compassion, dignity, and equality, Dr. Rizvi highlighted that SIUT is delivering free of cost quality healthcare facilities irrespective of caste, color, creed, or religious beliefs ■



Professor Asad Shahzad with guests touring the Skills Lab

## The Students of Habib University visited SIUT

The students of Habib University Karachi visited Sindh Institute of Urology and Transplantation (SIUT) on 19th August 2023.

During their visit, the students had the opportunity to explore various departments of the institute and got first hand knowledge of the exceptional services being provided to patients. A group of 20 students, engaged

and interacted with children in the Peds Nephrology Ward. They entertained the children and carried out coloring book activities as well as distributed some healthy goodies to them.

The visit provided ample time for the students to explore the different departments and interact with medical experts at SIUT. ■



Students of Habib University with RGO team



## Jinnah University for Women / COMMECS College Students Visited SIUT

The students of BS Human Nutrition and Dietetics from Jinnah University for Women, Karachi visited SIUT on September 21, 2023. The group consisted of 90 students accompanied by 2 faculty members. COMMECS College arrived at SIUT on 30th September 2023 along with 4 faculty members and approx. the same number of students both girls and boys.

At SIUT, we recognize and highly value the significance of providing students with hands-on experience in a hospital setting. The purpose of this visit was to offer the students a profound understanding of the inner workings of our hospital and to contribute to their academic growth. ■



Students of Jinnah University with SIUT RGO Team



Students of COMMECS College with SIUT RGO Team

## Donate To Save Lives



### Donate Via Bank Deposit

Deposit your donation in any branch of the banks mentioned below. Please be sure to use the corresponding account number.



### Donate Via Courier

Make your cheques and drafts payable to **SIUT Trust** and send it via **courier** to the given address.



### Donate Online

Please visit [www.situt.org](http://www.situt.org)



### Donate in Cash

Cash donations can be made at SIUT or you can call us and we will come to collect the donation (for Karachi only).

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Bank Name	Zakat A/c #	Zakat IBAN No.	Donation A/c #	Donation IBAN No.
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Askari Bank Limited	0100577081	PK59ASCM0000980100577081	0100577092	PK53ASCM0000980100577092
Bank Alfalah Limited	0022-1003819847	PK74ALFH0022001003819847	0022-1003819780	PK40ALFH0022001003819780
Bank AL Habib Limited	10810081002257012	PK66BAHL1081008100225701	1081-0081-00177701-9	PK49BAHL1081008100177701
BankIslami Pakistan Limited	104200151050202	PK95BKIP0104200151050202	104200151050201	PK25BKIP0104200151050201
Dubai Islamic Bank Pakistan Limited	0067305002	PK26DUIB0000000067305002	0067305001	PK53DUIB0000000067305001
Emaan Islamic Bank	5058-5000041515	PK48SAUD0050585000041515	5058-5000041523	PK26SAUD0050585000041523
Faysal Bank Limited	01440060000253	PK58FAYS0001440060000253	01440060000252	PK85FAYS0001440060000252
First Women Bank Limited	0001-00157531-0000	PK78FWM00001001575310000	0001-00157531-0001	PK51FWM00001001575310001
Habib Bank Limited	00087900270001	PK04HABB0000087900270001	00087900270101	PK20HABB0000087900270101
Habib Metropolitan Bank Ltd	6-1-1-20311-714-439493	PK59MPBL0101027140439493	6-1-1-20311-714-439486	PK54MPBL0101027140439486
JS Bank Limited	0000150960	PK83JSBL951400000150960	0000150961	PK56JSBL951400000150961
Meezan Bank Limited	0100910129	PK95MEZN0001050100910129	0100909625	PK26MEZN0001050100909625
MCB Bank Limited	0026-064406791-1000841	PK61MUCB0644067911000841	8067-0000000000415747	PK86MUCB0000000000415747
National Bank of Pakistan	4082131051	PK18NBPA0010004082131051	4082131042	PK67NBPA0010004082131042
Sindh Bank Limited	0315-096275-1000	PK86SIND0003150962751000	0315-096281-1000	PK83SIND0003150962811000
S.M.E Bank Limited	4001-0016667-0001	PK43SMES4001000166670001	4001-0016659-0001	PK47SMES4001000166590001
Soneri Bank Limited	20001789431	PK76SONE0004120001789431	20001789229	PK98SONE0004120001789229
Standard Chartered Bank (Pakistan) Limited	01-8061610-01	PK81SCBL000001806161001	01-8062528-01	PK25SCBL000001806252801
Summit Bank Limited	1-2-30-20311-714-136983	PK76SUMB0230027140136983	1-2-30-20311-714-136991	PK54SUMB0230027140136991
Telenor Micro Finance Bank Ltd	104-029002334-001	PK53TMFB0104029002334001	104-029002335-001	PK19TMFB0104029002335001
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United Bank Limited (PKR)	0401003-0006-2	PK34UNIL0112040100300062	0401003-0005-5	PK29UNIL0112040100300055
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### Resource Generation and Outreach (RGO) Department

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SIUT accounts are audited by  
**A.F. Fergusons Chartered Accountants**

For further information please contact us on  
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## SIUT North America Inc.

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