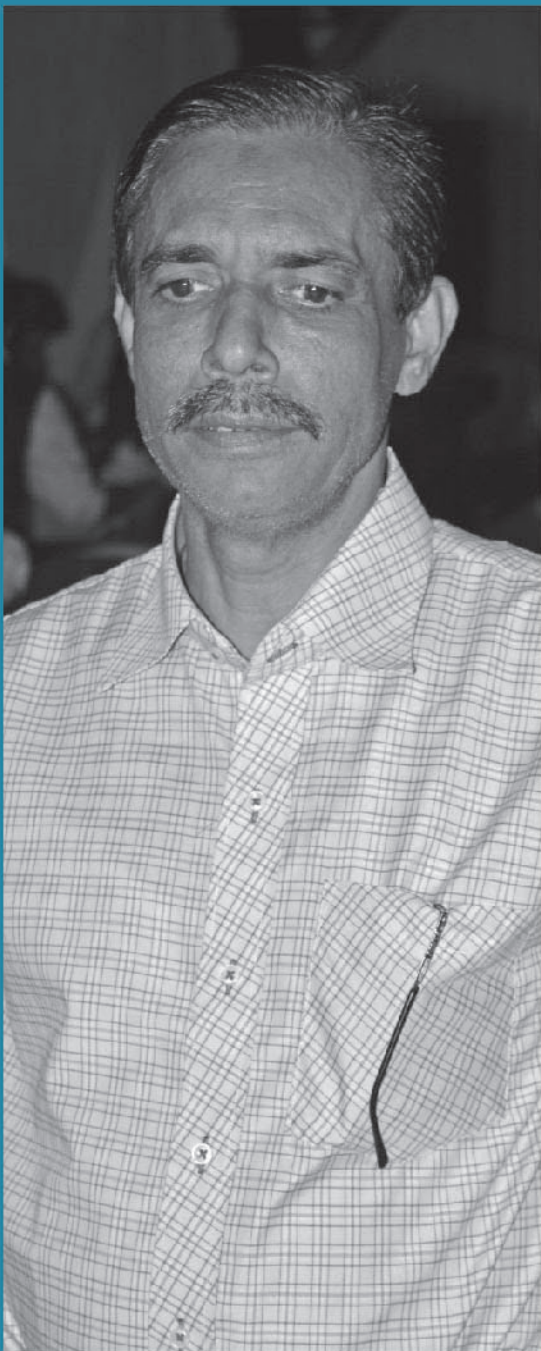


## Memorial meeting to pay Tributes to Athar Hussain Chief Technologist Dialysis Department



**Athar Hussain 1961-2017**

On August 29, 2017, Staff and faculty members of Sindh Institute of Urology (SIUT) and Transplantation held a memorial meeting to pay tributes to Athar Hussain chief dialysis technician and incharge of dialysis unit of the Institute who passed away recently. His 35 years' services were eulogized as he began the first dialysis at SIUT to the present time.

Professor Adib-ul-Hasan Rizvi Director SIUT, while paying rich tributes to one of the pioneer of dialysis, said he made immense contribution in the growth of dialysis at the Institute. He declared that Athar Hussain as an integral part of the entire treatment process which was extended to dialysis patients over the years.

Professor Adib Rizvi said the dedication and commitment of Athar Hussain were unparalleled. Recalling the meritorious services, he said that the legacy left by Athar Hussain needs to be emulated by all those who are in the profession of patient care.

Colleagues and doctors of SIUT who worked with late staffer also paid rich tributes and recounted the various aspects of his personality. Those spoke included Professor Ejaz Ahmed, Dr Bux Ali, Dr Mudassar Abbas, Ms Shahnaz, Imran Ayub, Abid Ali, Agha Hussain. The Memorial meeting was largely attended.

Athar Hussain was born on the 12th of July 1961. He joined SIUT as a boiler technician in 1982 and worked in this unit till 1986. During this period he continued with his studies and successfully completed his matriculation in Science. In 1986 he started his training as an OT Technician. Two years later, in 1988 he appeared in the Sindh Faculty Examination and was certified as an OT Technician and was appointed in SIUT in 1989 as an OT Technician.

In the Dialysis unit, his job involved a lot of hard work, and he was kept constantly busy. He looked after the stock maintenance for hemodialysis, arrangement of all the necessary items for dialysis patients, putting the patients on dialysis machines and supervision of patients during the dialysis procedure. Athar also made sure his patients were kept comfortable both physically and mentally. He loved to entertain children who were being dialysed.

Athar believed in team work and often said that its not one individual but team work and all the team members have made their contributions. Athar enjoyed his work very much and worked hard to reach his position as an Operation Theatre Technician. He has contributed his best to his patients, his colleagues and to SIUT.



## Professor Kirpal Singh Chugh Remembered



Prof Kirpal Singh Chugh

A lecture was held on the 18th of September 2017 which was dedicated to the memory of Professor Kirpal Singh Chugh known as the father of Nephrology in the subcontinent who passed away in Chandigarh (India) recently. Professor Chugh was considered amongst 50 icons of Nephrology in the world. He was a friend of SIUT and had made six visits to the Institute in all major conferences since 1990.

On this occasion Professor Magdi Mohammad Yaqub a visiting Professor of Nephrology from William Harvey Research Institute of London. Delivered a lecture on "heart Diseases in Kidney Failure". "Recent discoveries as an outcome of successful research in the world of bio medical sciences will soon provide an exciting time for the human society by bringing permanent cure from various ailments".



Prof Magdi Muhammad Yaqub

Giving the details he identified many chronic diseases which are going to be benefited by treatment including treatment of any kidney failure and general disorders like the ailment of thalassemia. A system of targeted delivery of medicines to a specific part of human body is in process of development he disclosed. The system will be innovative and revolutionary commented Prof Yaqub. The visiting professor while highlighting successful results obtained from research said soon it would be possible to use stem cell technology to repair damaged organs. Giving details of more positive results obtained, he said another leap forward is in the ailment of Thalassemia which is common in children with no cure can now be treated by single gene replacement technology. Professor Yaqub said the results obtained in research would bear fruit in next five to ten years.

## World Hepatitis Day

World Hepatitis Day which was observed throughout the world on 28th July 2017 including Pakistan. It was declared that the prevention of hepatitis is of paramount importance in the country as 15 million people are suffering from the ailment.

To mark this important event a day long program was organized at SIUT (Sindh Institute of Urology and Transplantation). The theme of the day was "Eliminate Hepatitis", with a strategy calling to eradicate the disease by the year of 2030.

A large turn out of public was witnessed as the people thronged at the Institute to avail the free testing and diagnostic facilities offered as a part of creating awareness and educating the public at large. Visiting persons were shown videos and provided literature about measures as how to combat hepatitis.

Doctors and medical experts representing various branches of medicine dealing with hepatitis who were present gave them guidelines for prevention of the ailment. The medical experts warned them that patients suffering with hepatitis B and C if it is left untreated can lead to liver cancer. Stress was also laid to ensure that 90 per cent newborns must get the first dose of HBV vaccine at the time of birth and 100 per cent of the transfusion is screened properly.



# SIUT

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On 31st August 2017 glowing tributes were paid to Dr Ruth Pfau, the Leprosy healer and a symbol of selflessness and devotion to Leprosy patients, at a memorial program held at SIUT (Sindh Institute of Urology and Transplantation here on Thursday afternoon. Dr Pfau had passed away on the 10th of August 2017.

Prof. Adib Rizvi while recounting the services of Dr Pfau said that she served the most vulnerable people of the society by treating the leprosy patients. He said Dr Pfau devoted last fifty years to fight against leprosy in the country and her tireless services enabled Pakistan to become “a Leprosy free country in 1996” as declared by WHO. SIUT Director, while highlighting Dr Pfau’s meritorious services, said in the early years of Pakistan, leprosy was considered to be a taboo rather than disease and leprosy patients were ostracized but the exemplary care and affection displayed by Dr Pfau added a new chapter of service to humanity.

Speakers who spoke and showered tributes to the iconic German physician included Professor Adib Rizvi Director SIUT, prominent journalist Ms. Zubeida Mustafa, Vice Consul of Germany, Mr. Shafiq Piracha, ex Commissioner Karachi, Mr. Ishrat Hussain, Director IBA, Mr. Mervyn Lobo, CEO and Dr Mutahir Zia from Marie Adelaide Leprosy Centre.

Other speakers pointed out that by heading the National Leprosy Program and setting up Marie Adelaide Leprosy Centre, she changed the life of leprosy patients from misery to a meaningful and happy life.

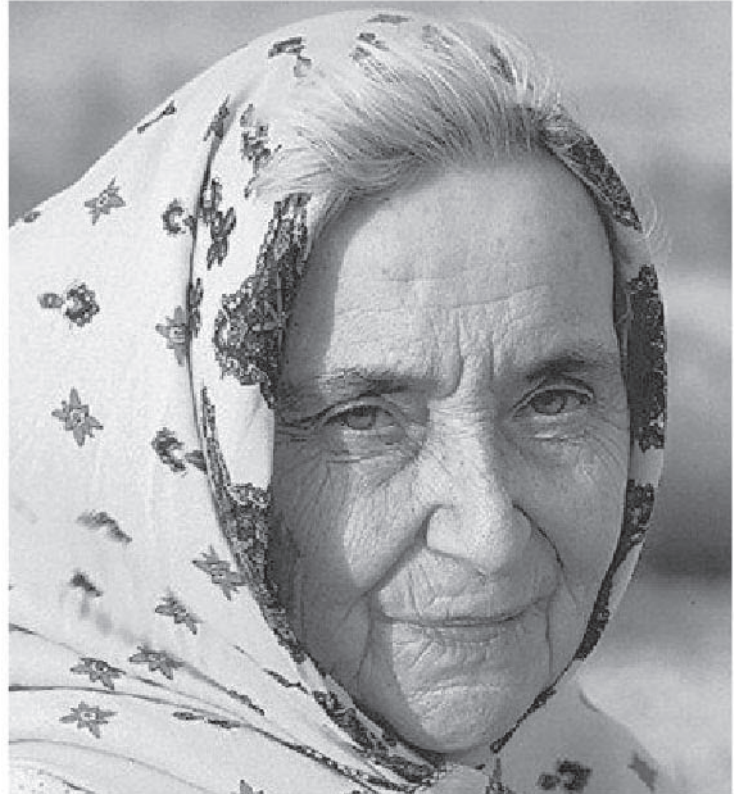
They also appreciated that Dr Pfau always identified herself as a Pakistani and also maintained that if she were to be born again she would want to be born in Pakistan. They said the strength of Pakistan resides in the work done by heroes like Dr Pfau who spent their entire life for the cause of humanity and service to the disenfranchised segment of the society.

Celebrated humanitarian Dr Ruth Pfau who dedicated her life in battling and elimination leprosy from the country was a symbol of selflessness and devotion.

Founder of the National Leprosy Control Program in Pakistan, who established Marie Adelaide Centre in Karachi Dr Pfau passed away in Karachi on 10th August 2017 at the age of 87.

Late Dr Pfau was truly an epitome of kindness who single handedly drove Pakistan out of stigmatized disease of leprosy. In 1996 the World Health Organization had declared Pakistan as one of the first countries in Asia which controlled and weeded out the diseases and made the country a leprosy free country.

# Ruth Pfau



Born in Leipzig in 1929 she was a German - born medical missionary who studied medicine and arrived at the dawn of young nation in 1960 but after witnessing the suffering and plight of Leprosy patients she decided to stay in Pakistan and devoted the last fifty years of her life for a cause and left a profound impact on the leprosy affected population.

She felt that there was a need to make lives better of those who were afflicted by disease and by doing she found Pakistan as her adopted home. Setting leprosy centers in four provinces and Gilgit-Baltistan she treated over 50,000 patients since the inception of the centers.

Dr Ruth Pfau biography titled “Serving the Unserved” is a captivating account of her life and services in Pakistan.

## Deceased Organ Donation Awareness Program at St. Patrick's Cathedral

An awareness program was scheduled during the 9.15 am Sunday service at the St. Patrick's Cathedral on 23rd July 2017 which was well-attended for creating mass awareness and mobilizing the community towards deceased organ donation program. The event was jointly organized by SIUT and St. Patrick's Cathedral.

Rev. Fr. Joshua Rangel offered the Holy Mass accompanied by a beautiful choir who sang in angelic voices. Before the final blessing Prof. Adib ul Hasan Rizvi was invited to the Pulpit to give a speech on Deceased Organ Donation.

Director SIUT Professor Adib ul Hasan Rizvi presented a beautiful flower arrangement which was placed at the alter. He gave an inspiring speech and persuaded the Christian Community to come forward and fill out pledge forms announcing that they would donate their organs after death for saving the lives of millions of people.

Strongly advocating the importance of cadaver organ donation Prof. Adib ul Hasan said " Even in Christianity all of Jesus Christ's life was sacrificed for the human race" At the last supper too Jesus instructed to continue this sacrifice. Similarly at SIUT every patient irrespective of their cast, creed or color, are given medical treatment free with dignity.

Director SIUT Dr Adib Rizvi pointed out that some 150,000 people die every year due to end stage organ failure in the country. He said creation of HOTA in the province is a great step to expand the process of transplantation and save the lives of those suffering with the failures of kidney, liver, heart and lungs. He pointed out that in Pakistan hundreds of people's lives could be saved with cadaver donation. There was a great applause given at the end of the speech.

Rev. Fr. Mario Rodrigues, Parish Priest and Rev. Fr. Joshua Rangel, Assistant Parish Priest of St. Patrick's Cathedral thanked Professor Adib ul Hasan Rizvi and Dr. Anwer Naqvi, Dr. Nasir Luck & the SIUT team for sharing vital information.

Pledge forms were distributed by SIUT staff at the SIUT stall. Information was also given to people who inquired about Organ Donation formalities and procedures. This event was organized and coordinated by Ms. Diana Joseph, Coordinator Publication. SIUT would like to take this opportunity to thank Rev. Fr. Mario Rodrigues for facilitating SIUT for this genuine cause.



## International Workshop on "Functional Urology"

A five-day international workshop on "functional urology" an ailment dealing with control of involuntary leakage of urine particularly prevalent in female population of the country began at SIUT.

Over two hundred delegates including medical experts from abroad participated in the workshop. On the opening day of the workshop those who presented their papers included Professor Shamim Khan, Dr Sachin Malde, Dr Arun Sahai all from prestigious Guy's and St. Thomas

Hospital of London and Dr. Mohammed Belal from renowned Queen Elizabeth Hospital, Birmingham.

Discussing the various aspects of ailments speakers pointed out that according to a rough estimate some 6000 female patients register themselves for the treatment every year. The speakers said the number is growing mostly in remote and rural areas of Pakistan where medical facilities in the field of gynecology are limited. Highlighting non-medical aspect of the ailment the speakers said the ailment is a social stigma also as it creates social embarrassment by continuous seepage of urine which often detach a patient from interacting with the society. The medical experts underlined the need of treating this complex issue by adopting modern and updated medical technology.

The proceedings of the five-day workshop included lecture, interactive session and live surgeries. Others who also addressed the workshop in other sessions included Prof. Manzoor Hussain, Prof. Murli Lal, and Prof Ojengbede. Before the commencement of the workshop Professor Adib Rizvi Director SIUT briefed about the objectives of the workshop.

# Volunteer Program concludes at SIUT successfully

SIUT organized its annual volunteer program in July 2017 which was aimed to provide training to the students in the field of community services, patient care and civic education. Three hundred students representing various schools and colleges of the city attended the week long program.

Speaking at the concluding ceremony, Prof Adib Rizvi Director of SIUT said that the program has always been designed in such a manner that students learn and develop understanding as to how to mitigate the sufferings of the people. This, he said, makes them good citizens and also brings a positive change in their outlook in life.

Prof Adib pointed out that the program is very popular ever since it was launched ten years ago. He informed that during the training program volunteers received training about the basic guidelines of patient care in the field of Laboratory, Radiology, Urology, Dialysis, and Transplantation, medical and surgical sciences. Those who attended the program received certificates which was part of the concluding ceremony. So far around six thousand students have attended the program.

Also present at the concluding ceremony were members of SIUT faculty, parents of the participating students and teachers who imparted training.



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Make your cheques and drafts payable to **SIUT Trust** and send it via **courier** to the given address.



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Please visit [www.siut.org](http://www.siut.org)



### Donate in Cash

Cash donations can be made at SIUT or you can call us and we will come to collect the donation (for Karachi only).

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Bank Alfalah Limited	0022-1003819847	PK74ALFH0022001003819847	0022-1003819780	PK40ALFH0022001003819780
Bank AL Habib Limited	10810081002257012	PK66BAHL1081008100225701	1081-0081-00177701-9	PK49BAHL1081008100177701
BankIslami Pakistan Limited	104200151050202	PK95BKIP0104200151050202	104200151050201	PK25BKIP0104200151050201
Dubai Islamic Bank Pakistan Limited	0067305002	PK26DUIB0000000067305002	0067305001	PK53DUIB0000000067305001
Emaan Islamic Bank	5058-5000041515	PK43SAUD0000005000041515	5058-5000041523	PK21SAUD0000005000041523
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MCB Bank Limited	0026-064406791-1000841	PK61MUCB0644067911000841	00026-07010000032	PK76MUCB0002607010000032
National Bank of Pakistan	0270381	PK69NBPA0010002200270381	0270372	PK21NBPA0010002200270372
NIB Bank Limited	401889	PK30NIBP000000000401889	415747	PK90NIBP000000000415747
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Standard Chartered Bank (Pak) Ltd	01-8061610-01	PK81SCBL0000001806161001	01-8062528-01	PK25SCBL0000001806252801
Summit Bank Limited	1-2-30-20311-714-136983	PK76SUMB0230027140136983	1-2-30-20311-714-136991	PK54SUMB0230027140136991
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