

SIUT at the Frontline of Natural Disasters

Taking facility to the doorstep of flood affectees by setting up Medical Camps.

SIUT has always responded whenever national calamities struck the country. Teams were sent in the great earthquake in 2005 and floods in 2010. In late August 2022, Pakistan declared a state of emergency due to flooding, and SIUT was one of the first to respond by setting-up Medical Camps at various locations across the country. The Medical Camps had all the relevant medicines and were equipped with laboratory and ultrasound facilities. All treatment was provided free of cost to all patients. ■



Dr. Farhat Moazam
Professor and Chairperson
CBEC-SIUT Awarded the
Prestigious Bioethics
Founders Award 2022 by
The Hastings Center (USA)

The award recognizes individuals from around the world who have made substantial, sustained contributions to bioethics in ways that have advanced thinking and practice in medicine, the life sciences, and public policy.

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Sindh

Sukkur

- Munawar Khan Hospital
- Zero Point
- Old Bus Stand
- Village Khalifo Soonhar

Faqeer Mangrio

- Saleh Pat

Kot Diji Khairpur

- Govt. Taluka Hospital
- Govt. High School
- Qaim Khan Gopang Village
- Village Malhar Shaikh

Larkana

- Village Areja
- City Naseerabad
- Mehar City
- Village Kot Lal Bux Mahesar

Dadu

- Mehar City

Sehwan Sharif

- Lal Bagh
- Jhanghara
- Bhajara

Balochistan

Uthal

- Lasbela University of Agriculture, Water &

Marine Sciences

- DHQ Hospital
- Karshaikh Village
- Morand Village
- Saand Village
- Bela Village

Khuzdar

- Ornach
- Zava Tehsil Zehri

Killa Saifullah

- Kaza Mirzai
- DHQ Hospital

Pishin

- Union council Barshore

Loralai

- DHQ Hospital

KPK

Swat

- Barthana District Matta

Punjab

Rajanpur

- Basti Safdar Babda
- Moza Hajipur
- Basti Rubait Fazilpur
- Multiple Khaima Basti Kot Mithan

Taunsa

- Basti Jalowali

Over 250,000 patients were treated for Skin Diseases, Diarrhea, Chest Infection, Malaria, and Dengue.



SIUT Establishes Pediatric Cardiology Department Division of Cardiothoracic Sciences

The guiding principle behind the expansion of SIUT from a Urology Ward to a multidisciplinary health care center has been "Responding to the need of the patient". The establishment of the new pediatric cardiology department is the first step toward the Division of Cardiothoracic Sciences.

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SIUT FLOOD RELIEF MEDICAL CAMPS

at various locations across the country



Sindh



Balochistan



Punjab



KPK



SIUT

Sindh Institute of Urology and Transplantation

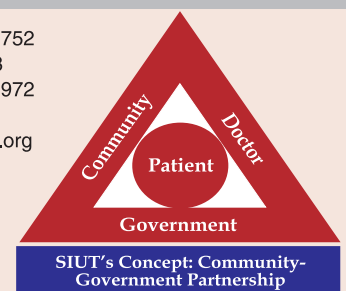
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Dr. Farhat Moazam Professor and Chairperson CBEC-SIUT Awarded the Prestigious Bioethics Founders Award 2022 by The Hastings Center (USA)

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Dr. Farhat Moazam M.D. Ph.D. is Professor and Chairperson, Center of Biomedical Ethics and Culture, SIUT

Dr. Moazam was commended for a remarkable range of accomplishments as a pediatric surgeon and an educator, ethicist, ethnographic researcher, and institution-builder. She is an American board-certified pediatric surgeon with a master's degree in bioethics and a doctorate in religious studies from the University of Virginia. Her areas of interest in bioethics include research and education with a focus on cross-cultural ethics in clinical medicine. CBEC, which she founded in 2004, was designated a WHO Collaborative Centre for Bioethics for the Eastern Mediterranean Region in 2017.

Dr. Moazam is a fellow of the Institute of Practical Ethics and The Hastings Center (USA). She received an honorary doctorate from the University of Zurich in 2012 for fundamental

contributions towards ethics and organ transplantation in Pakistan. She received lifetime achievement awards— in 2014 from the Fifth National Bioethics Conference in Bangalore, India, for the promotion of bioethics education and efforts to support ethical organ transplantation programs, and in 2020 from the department of surgery at Aga Khan University. She served on the board of directors of the International Association of Bioethics from 2009 to 2014, and has collaborated with the WHO on various projects, including international guidelines for ethical transplantation of human organs and tissues and as member of the WHO Ebola Ethics Working Group, which formulated ethical guidelines for health professionals managing global epidemics. She is a member of the National Bioethics Committee in Pakistan and chairs its section dealing with health care ethics. ■

SIUT Establishes Pediatric Cardiology Department Division of Cardiothoracic Sciences

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The faculty of the department include Professor Babar Hasan, Associate Professor Nadeem Aslam, Associate Professor Shazia Samad Mohsin, Senior Cardiac Sonographer Ms. Zamzama Rashid and Senior Cardiac Sonographer Ms. Huda Qadeer. The department arranged a seminar on "Cardiac Diseases Fetal to Frailty. Are we ready for the next pandemic?" to introduce the Senior Faculty members of the new department.



Dr Babar Hasan M.B., B.S, DAAP, DAPC. Graduated from AKU Karachi and did his pediatric residency from Indiana University, followed by Pediatric cardiology, Interventional cardiology and advanced imaging from Harvard Medical School. Dr Hasan joined SIUT as a Professor of Paediatric Cardiology and Chair, Division of Cardiothoracic Sciences on September 1, 2022. His area of interest are quality improvement, pulmonary hypertension, thalassemia cardiomyopathy and use of artificial intelligence as a quality tool.



Dr Shazia Samad Mohsin M.B., B.S, FRCP (Pediatrics), FRCP (Pediatric Cardiology). A graduate of DMC. She then completed her fellowship in pediatric cardiology from AKU-Karachi. Dr Shazia joined SIUT on July 1st, 2022 as Associate Professor in department of pediatric cardiology. Her area of interest is quality improvement in non-invasive imaging and fetal echocardiography.



Dr Nadeem Aslam MBBS, MCPS, FCPS (Paediatrics), FCPS (Paediatric Cardiology) is an Interventional Paediatric Cardiologist. Graduated from Dow Medical College. He completed his postgraduate training from Aga Khan University and acquired membership and fellowships in Paediatrics and Paediatric Cardiology from College of Physicians and Surgeons Pakistan. Dr Aslam joined SIUT as Associate Professor in July 2022. His clinical expertise and research interests include all aspects of general paediatric cardiology with special interest in interventional/minimally invasive therapies, adult congenital heart disease and pulmonary hypertension.



Ms Zamzama Rashid, Senior Cardiac Sonographer
MSc in Human Physiology
Advance Training in Echocardiography from AKU
Licensee American Board of Registered Congenital Cardiac Sonographer (RCCS)



Ms Huda Qadeer Senior Cardiac Sonographer
Diploma in Cardiac Technology Sindh Medical Faculty Advance Training in Echocardiography from AKU
Licensee American Board of Registered Congenital Cardiac Sonographer (RCCS)

World Hepatitis Day Observed At SIUT

2022 Theme “HEP CAN’T WAIT!”



The World Hepatitis day like every year was observed at SIUT on 28th July 2022. A team of doctors, nurses, and para-medical staff were present to provide expert advice to the public and carry out free hepatitis B and C tests, Hepatitis B Vaccination and Dietary advice. There were video sessions for awareness followed by questions and answer sessions. According to 2021 estimates, one in every 13 adult Pakistani was positive for hepatitis C. There were about 9.7 million people living with hepatitis C and around 27,000 died each year due to its complications. There is therefore urgent need to start an awareness program in print and electronic media about the early diagnosis and treatment of Hepatitis C and vaccination for Hepatitis B. ■

SIUT Units of General Surgery and Nephrology Accredited for FCPS Training

Increasing workload and expansion of services needed creation of four nephrology and two general surgery units for FCPS training to accommodate more fellows for training. CPSP team visited SIUT on 30 July to accord accreditation to the following units for FCPS training. Surgery Unit I, Surgery Unit II, Nephrology Unit I, Nephrology Unit II, Nephrology Unit III, Nephrology Unit IV. The accreditation was given on 3 August 2022 by Prof. Muhammad Masroor, Treasurer CPSP. CPSP has already approved 6 units of urology. ■



Dr. Muhammad Masroor visiting surgery ward

SIUT Organized a Organ Donation Awareness Session at HabibMetro Bank



Dr. Farina with staff of HabibMetro Bank

An Organ Donation awareness session was held on 12th August 2022 at the HabibMetro Bank on the occasion of World Organ Day. Ms. Sharifa Hyderally, Manager Marketing coordinated the session. Dr. Farina presented the details on Deceased Organ Donation program which was attended by employees of the Bank in their conference Room at the Headoffice. Mr. Liaquat Ali distributed the Organ Donation pledge forms at the awareness session and

received pledges too. Dr. Farina informed that this program is basically to create awareness among the community to donate their organs to save lives of patients suffering with various organ failures. Literature was also distributed to enable them to make an informed choice. Queries from the Bank employees on organ donation were responded to by Dr. Farina. Some of the employees pledged for this noble cause. ■



Independence Day Celebrations at SIUT

Every year SIUT celebrates Independence Day on 14th August with Flag hosting by a child patient and every department is decorated by Pakistan Flags, Cake cutting ceremonies, and a program for children to bring about the importance of Independence Day for the young. Every ward and corridor is decorated with flags and balloons in line with the spirit of the Nation. SIUT thus salutes the people of Pakistan and the government of Sindh for a sustainable SIUT model of free care with dignity. ■

SIUT holds IMM OSCE preparation workshop for General Surgery and Hepatobiliary Surgery

Many of the General surgery trainees and also from different subspecialties like Urology, Plastics, and Pediatric Surgery were getting ready to prepare for their IMM TOACS and OSCE exam. It is mandatory for CPSP for passing the Intermediate module exam (IMM). The workshop was attended by Residents of GS and Urology and also a few of their colleagues from other training programs like AKU, CHK and Patel Hospital. The workshop was held at the Surgical Simulation and skills lab, which is one of its kind with high and low-fidelity simulators, advanced manikins, state-of-the-art AV aids, and a dedicated DME and skills lab team.

From static sessions mimicking common yet interesting clinical scenarios, images that depict surgical diagnosis, dynamic stations assessing communication skills, and the art of breaking bad news. Skills-based assessment of basic surgical principles like suturing, gowning and gloving, and surgical knot tying. Bedside and office-based procedures like Tru cut biopsy to vascular and bowel anastomosis using simple yet effective simulators. It was highly encouraging to know that our Simone venture made the majority clear their IMM OSCE and TOACs exam this year also. ■





Group photo of participants with Dr. Adib Rizvi

Heart Failure Symposium at SIUT

Diagnosis and Management of Heart Failure and usefulness of various devices were discussed at a symposium jointly organized by Sindh Institute of Urology and Transplantation (SIUT) in collaboration with National Institute of Cardiovascular Diseases (NICVD) on September 10th 2022. Dr. Babar S. Hasan from SIUT and Dr. Sohail Khan from NICVD were the two moderators'. Members of the Experts Panel included Dr. Muneer Amanullah from Liaquat National Hospital, Dr. Sohail Khan from NICVD, Dr. Aamir Hameed from Ireland and Dr. Shazia Mohsin from SIUT. The following speakers gave lectures at the symposium.

- Heart Failure – beginning of a new era by **Dr. Javed Butler** from USA
- Picture of a failing heart – Role of Imaging in heart failure by **Prof. Sabha Bhatti** Prof. of Imaging and Radiology at NICVD
- Surgeons are the gurus – Role of mechanical support in heart failure by **Dr. Mubashir Zareen**

Khan Cardiac Surgeon from Peshawar Institute of Cardiology.

- What it entails to transplant a heart? By **Dr. Farhan Zafar** from University of Cincinnati USA.
- Before you do anything, you need us! Nuances of cardiac anaesthesia in heart failure by **Dr. Mohammad Hamid** Cardiac Anesthetist from Aga Khan University Hospital.
- Landscape of paediatric heart failure in emerging economics by **Dr. Nadeem Aslam** Pediatric Cardiologist at SIUT.
- Don't open the chest – Can heart failure be managed in cath lab? By **Dr. Abdul Hakeem NICVD**

The symposium was attended by a select gathering of cardiac surgeons, interventional cardiologists, anesthetists, and interventional radiologists besides postgraduate students. ■

Lecture On Quality Assurance in Healthcare Institutions



Dr. Abeer Salim

A lecture was given by Dr. Abeer Salim Habib on Quality Assurance in Healthcare Institutes on 28th September 2022. The lecture was attended by Senior Faculty and Head of the Departments. SIUT has started a process to establish a Quality Assurance Department to ensure the quality of care it, provides to patients all free with dignity. Dr. Abeer Salim is currently working as the Assistant Medical Director at Tabbha Heart Institute. She is involved in teaching and training activities at various healthcare organizations across Karachi as well as Islamabad. Her areas of interest are patient advocacy, patient safety, organizational ethics, understanding medical error and negligence. She is enthusiastic about inculcating effective communication skills in all kinds of clinical and non-clinical Healthcare professionals. ■

World Pharmacists Day

Observed at SIUT

Each year September 25 is observed as “World Pharmacists Day” to promote and advocate the role of the pharmacist in improving patient healthcare and medication management and thus improving healthcare system.

SIUT leadership strongly believe that health is the basic right of each person. Thus the institute pursue to provide quality and accessible health services to all patients irrespective of cast, color and creed. One of the major mission is to provide free of cost quality medication to the patients.

Major projects are on way in the pharmacy that includes pharmacy infusion services, implementation of Computerized Physician Ordering Entry (CPOE).

The department of pharmacy services comprises of 33 pharmacists providing pharmaceutical care services to admitted and ambulatory pharmacists. The department provides the following services:

1. Inpatient Pharmacy Services
2. OPD Pharmacy Services
3. Oncology Pharmacy Services
4. Compounding Pharmacy Services
5. Transplant Pharmacy Services



Group photo of Pharmacy staff



6. Dialysis Pharmacy Services

7. Clinical Pharmacy Services

On World Pharmacists Day, SIUT recognizes the contributions of all the pharmacists and pharmacy trainees committed to improving health around the world. ■

BVS Parsi High School Students visit SIUT

A group of 21 students accompanied by their teacher Mr. Aazar Fredrick Wilson visited SIUT as a part of their study trip on 29th September 2022. The objective was to give an insight to the students about the facilities available at the hospital and how the social issues of patients are addressed.

The Social Welfare and Media and Resource Generation and Outreach Departments of the hospital represented by Ms. Sanobar Ambreen and Mr. Liaquat Ali gave a briefing about the history and philosophy of SIUT and its valuable contributions towards humanity. They also informed the visiting students about health hazards of smoking and eating excessive junk food. The students also actively participated in the discussion session. Students were given a guided tour of the Dialysis Center, Oncology Ward, Organ Transplant and the Pediatrics ward.

The students were touched to witness the ailing patients and expressed keen interest in volunteering to render their services for the society whenever needed. They also mingled with the patients and sang with them. The students greatly appreciated the valuable contributions of SIUT towards humanity. ■



BVS student with Dr. Zafar Hussain



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Make your cheques and drafts payable to **SIUT Trust** and send it via **courier** to the given address.



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Please visit www.sicut.org



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Resource Generation and Outreach (RGO) Department

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• SIUT accounts are audited by
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