

## Inauguration of SIUT Day Care Dialysis Center – Larkana

**S** IUT Day Care dialysis center was officially inaugurated by the Chairman Pakistan People's Party (PPP) Mr. Bilawal Bhutto Zardari on 4th November 2021. Chairman Zardari was accompanied by Chief Minister Sindh Mr. Murad Ali Shah and Health Minister Sindh, Dr. Azra Fazal Pechuho. SIUT, Larkana is another milestone in SIUT philosophy of taking facilities to the doorstep of the patients.



Mr. Bilawal Bhutto Zardari, Mr. Murad Ali Shah and Dr. Azra Pechuho, Dr. Rajab Ali Deenari, Dr. Mirza Naqi Zafar offer dua at the inauguration of Larkana Day Care Dialysis Center.

The dialysis center has 24 machines where over 50 patients are dialyzed each day. Before this these patients travelled to Sukkur for dialysis. The center is equipped with Laboratory and Radiology facilities and emergency care. *continued on page 3*

## SIUT-Establishes Robotic Surgery Department

**S** IUT embarked on its Robotic Surgical Program in 2017 in collaboration with the Civil Hospital Karachi. To establish a Robotic Surgical Unit a fund was established where the contributors were



Mr. Bashir Dawood, the Government of Sindh and SIUT North America. The donation by Mr. Bashir Dawood for the Robotic Unit was to honor his family friend Mr. Kassim Parekh, a renowned banker who became Governor of the State Bank of Pakistan. The department was inaugurated by Mrs. Zabeda Kassim Parekh. *continued on page 3*



## Dr. Adib Rizvi honored with a Lifetime Achievement Award

**L**ifetime achievement award by Arts Council was awarded to Dr. Rizvi on 18th December at the famous OPD 14 of SIUT by the President Arts Council, Mr. Ahmed Shah and well-known media personality and humorist Mr. Anwar Maqsood.

*continued on page 2*

## SIUT Hosts Virtual Meeting of APAPU (Asia Pacific Association of Paediatric Urologists)



**A** virtual meeting of Asia Pacific Association of Paediatric Urologists (APAPU) was held on 26th and 27th November 2021. The theme was Expanding the Horizon for Paediatric Urology. The virtual conference included lectures,

*continued on page 4*

**SIUT staff and faculty wishes all its friends and supporters a very Happy New Year**

## Dr. Adib Rizvi honored with a Lifetime Achievement Award

continued from page 1

This award was given to Dr. Rizvi for his exceptional services to health care and his philosophy of "Free treatment with Dignity". SIUT has served over 20 million patients in the last 50 years beginning with the 8 bedded unit in 1972 to the present day 1500 bed facilities at 8 centers across Karachi, Sindh and Azad Kashmir. ■



Dr. Rizvi receiving Lifetime Achievement Award from Mr. Ahmed Shah and Mr. Anwar Maqsood.

# WORLD DIABETES DAY-14 NOVEMBER 2021

## Access to diabetes care: If not now, when?

SIUT organized a live Facebook awareness session on World Diabetic Day on 14th November 2021. The theme of World Diabetes Day 2021 was Access to Diabetes Care. On this occasion live lectures and question and answer sessions were conducted by Dr. Fatema Jawad, Dr. Fozia Mushtaq and Dr. Sobia Qureshi from the department of diabetology and endocrinology SIUT.

The year 2021 marks a century since the discovery of insulin by Banting and Best, two Canadian doctors in 1921 at the University of Toronto. Presently, there are approximately 537 million adults living with Diabetes mellitus all over the world. This accounts for a 16% increase in incidence since 2019. These figures of Diabetes Mellitus are increasing exponentially and it has been estimated that by 2045 there will be 783 million people with Diabetes worldwide.

There are basically three main types of Diabetes Mellitus: Type-1, Type 2 and Gestational Diabetes mellitus.

Type 1 Diabetes Mellitus is an autoimmune disorder in which the immune system of the body destroys the pancreatic beta cells which produce insulin. It is usually encountered in young children but can be witnessed in infants or at times in adults also.

Type 2 Diabetes Mellitus results due to insulin resistance combined with relative insulin deficiency.



Dr. Fatema Jawad



Dr. Fozia Mushtaq



Dr. Sobia Qureshi

Obesity is one of the cardinal causes of insulin resistance. Other contributory factors for the rise in Type 2 Diabetes mellitus are ethnicity, unhealthy life style, urbanization and lack of education.

The treatment of Type 1 Diabetes Mellitus is Insulin as there is an absolute lack of the hormone in the body. Insulin is administered via subcutaneous injections and has to be continued for life.

Type 2 Diabetes is treated by lifestyle modifications e.g., healthy diet, exercise and stress management. Oral drugs are prescribed when necessary. It is mandatory to maintain normal body weight through these measures as this would be prevention for not only obesity but also its consequences as heart diseases, strokes and hypertension.

Gestational Diabetes is Diabetes first discovered during pregnancy. It has to be managed very accurately as it has an effect on the baby's health also. It can be called a forerunner for the mother developing Type 2 Diabetes later in life. ■

# SIUT

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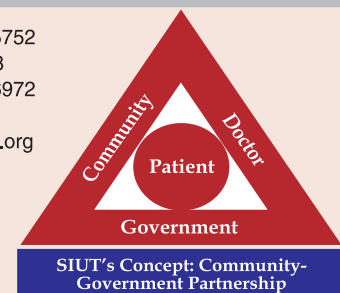
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## Inauguration of SIUT Day Care Dialysis Center — Larkana

*continued from page 1*

Today SIUT has 8 Satellite Dialysis Centers, in Karachi, Interior of Sindh and in Azad Kashmir. Mr. Bilawal Bhutto Zardari praised SIUT and Prof. Rizvi's efforts for providing free care to the people of Sindh. He said that SIUT is a proof that the right people when given government funding and support of the public can give rise to internationally famous institutions like SIUT. Dr. Azra Pechuho praised the dedication of Prof. Rizvi and his contributions to health care. Mr. Murad Ali Shah said that the PPP Government will give maximum support to SIUT to establish other Satellite Dialysis centers in Sindh. Earlier Professor Mirza Naqi Zafar welcomed the guest on behalf of Professor Adib Rizvi. Professor Manzoor Hussain Mallah briefed about the SIUT services in Sukkur and Larkana and Professor Ejaz Ahmed highlighted the services of the dialysis center in Larkana. Dr. Rajab Ali Deenari, Head Larkana Dialysis Centre gave the vote of thanks to the guests. ■



Mr. Bilawal Bhutto Zardari talking to a dialysis patient.

## SIUT-Establishes Robotic Surgery Department

*continued from page 1*

Recently two robotic surgical units were acquired by SIUT from Cambridge Medical Robotics (CMR). These are currently used by many centers in Europe, Middle East, India and Latin America. This acquisition is part of the SIUT philosophy to remain at the cutting-edge of technology. Robotic surgery is considered the future generation of surgical sciences. Robotic procedures are associated with less pain, less blood loss, and faster recovery. Patients are discharged within a few days and can resume regular activities. The unit has started with urological surgeries, to be followed by colorectal and gynecological surgeries. Thus far more than 800 Robotic Surgeries have been performed at the department. SIUT plans to set up a regional Robotic Surgical Training Center to train the next generation of surgeons in this state-of-the-art technology both from within Pakistan and the region. ■



## Awareness Session on Omicron Variant

An awareness session on Omicron variant was given by Dr. Sunil Dodani, Associate Professor Infectious Disease's Department on SIUT Facebook, 16th December 2021. He informed that the origin of the Omicron variant, was detected by WHO in South Africa in November while doing global surveillance from samples for Covid Variants. During this period, there was an exponential rise in cases in South Africa and their positivity rate exceeded 30%. He also told that there are more mutations in the Omicron variant as compared to the Original Wuhan variant and Delta variant. He highlighted the importance of vaccines since early data from South Africa, showed most of the hospitalized patients were largely unvaccinated. He stressed that we should continue basic preventive measures for respiratory viruses. He advised to continue to wear a mask and in the correct way cover mouth and nose properly, do hand hygiene, and avoid large public places. Lastly, he emphasized that unvaccinated people should get vaccinated and those in a high-risk group should get Booster Vaccines to save themselves from risk of hospitalization and death. ■



Dr. Sunil Dodani

# SIUT Hosts Virtual Meeting of APAPU (Asia Pacific Association of Paediatric Urologists)

continued from page 1

case presentations and interactive discussions on various topics of paediatric urology. The main topics were Laparoscopy and Robotics in Paediatric Urology, Hypospadias, Posterior Urethral Valve, Oncology and Urolithiasis. The main organizers were members of APAPU Pakistan Dr. Sajid Sultan, Professor Paediatric Urology SIUT, Dr. Sadaf Aba Umer and Dr. Bashir Ahmed of SIUT. The Conference recorded the highest number of participants from all over the world. Total attendance was 619, 352 from Pakistan and 266 from abroad. The welcome address was given by Prof. Adib Rizvi. Dr. Stephen Shei Dei Yang President of APAPU gave the inaugural lecture on "Modern Concept of Vesicoureteral reflux (VUR)". ■



Prof. Rizvi with the organizing team of the Virtual Conference and doctors of Paediatric Urology.



Inauguration of the conference from left to right Dr. Uzair Hashmi, Dr. Sadaf Aba Umer, Dr. Anwer Naqvi, Dr. Sajid Sultan, Dr. Bashir Ahmed and Ms. Sakina Yousuf.

## Registered participants of the Conference

Pakistan [Including SIUT]	353	Iraq	4
Malaysia	50	Bangladesh	3
China	26	Iran	3
Japan	24	Peru	2
Taiwan	19	Netherlands	2
India	21	Nigeria	2
Turkey	16	Tanzania	2
Australia	15	Thailand	1
Indonesia	13	USA	1
Saudi Arabia	8	Algeria	1
Korea	8	Viet Nam	1
United Arab Emirates	8	Cameroon	1
Italy	6	Argentina	1
Philippines	8	Jordan	1
Romania	5	Ireland	1
Singapore	7	Malawi	1
Egypt	5	<b>Total Registered</b>	<b>619</b>

Speaker Names	Country	Speakers	
Adibul Hassan Rizvi	Pakistan	Mazen Zeino	Switzerland
Alaa Al-Ghoneimi	France	Morihiro Nishi	Japan
AM Kajbafzadeh	Iran	Philip G Ransley	UK
Amos Loh Hong Pheng	Singapore	Pierre Mouriquand	France
Aniruddh Deshpande	Australia	Qing Wei Wang	China
Bashir Ahmed	Pakistan	Sadaf Aba Umer	Pakistan
C.K Yeung	Hong kong	Sajid Sultan	Pakistan
Firasat Majd	Pakistan	Sang Hoon Song	Korea
Fui Boon Lai	Malaysia	Sang Woon Kim	Korea
Ghulam Mujtuba Zafar	Pakistan	Shamvil Ashraf	Pakistan
Hina Yousuf	Pakistan	Shang-Jen Chang	Taiwan
Hong Chen Song	China	Sharjeel Saulat	Pakistan
Huang YC	China	Shiv Narain Kureel	India
Ijaz Hussain	Pakistan	Stephen Shei Dei Yang	Taiwan
Imran Ali	Pakistan	Sujit Chowdhary	India
Jae Min Chung	Korea	Tarmono Djodimedjo	Indonesia
Jianguo Wen	China	Te-lu Yap	Singapore
Kamran Khan	Pakistan	Uzair Hashmi	Pakistan
Kashifuddin Soomro	Pakistan	Yuichiro Yamazaki	Japan
Marc-David Leclair	France	Zafar Zaidi	Pakistan

# SIUT's Department of Critical Care Medicine recognized for FCPS training by the College of Physicians and Surgeons of Pakistan (CPSP)

In November a team of doctors visited SIUT Critical Care Department for recognition to start a fellowship program of CPSP in Critical Care Medicine. The team of CPSP included Prof. Madeeha Hashmi from Ziauddin Hospital, Mr. Jawaid Ghaffar, Senior Executive Officer CPSP. The team was welcomed by Dr. Fozia Qureshi, Professor Anaesthesiology. Dr. Seema Hashmi gave details of the services offered Dr. Fazal Akhtar and Dr. Fakir Raza Haidri conducted the round of the facilities. The ICU department has 72 beds with 53 ventilators. In the last year, 1664 patients were admitted in ICUs. This program of Critical Care Medicine is one of the few which includes Transplantation ICU. ■



## Christmas Traditions at SIUT

Every year SIUT celebrates Christmas with great fervor for its patients and employees by decorating different departments and wards. The Christmas Spirit of loving and caring for human kind is followed all round the year at SIUT when we are treating our patients with dignity as Dr. Adib Rizvi says that Health is the birth right of all human beings.

A very Merry Christmas to all our employees on behalf of Prof. Rizvi and the SIUT Management and a prosperous, healthy and Happy 2022. ■



## Donate To Save Lives



### Donate Via Bank Deposit

Deposit your donation in any branch of the banks mentioned below. Please be sure to use the corresponding account number.



### Donate Via Courier

Make your cheques and drafts payable to **SIUT Trust** and send it via **courier** to the given address.



### Donate Online

Please visit [www.sicut.org](http://www.sicut.org)



### Donate in Cash

Cash donations can be made at SIUT or you can call us and we will come to collect the donation (for Karachi only).

## Deposit your Zakat/Donation at any Bank/any Branch

Bank Name	Zakat A/c #	Zakat IBAN No.	Donation A/c #	Donation IBAN No.
Al Baraka Bank (Pakistan) Limited	0102151406028	PK61AIIN0000102151406028	0102151407020	PK49AIIN0000102151407020
Allied Bank Limited	0010017648140022	PK76ABPA0010017648140022	0010017648140039	PK05ABPA0010017648140039
APNA Micro Finance Bank Limited	0112-2360-0114	PK04APNA0000011223600114	0112-2360-0103	PK10APNA0000011223600103
Askari Bank Limited	0100577081	PK59ASCM0000980100577081	0100577092	PK53ASCM0000980100577092
Bank Alfalah Limited	0022-1003819847	PK74ALFH0022001003819847	0022-1003819780	PK40ALFH0022001003819780
Bank AL Habib Limited	10810081002257012	PK66BAHL10810081002257012	1081-0081-00177701-9	PK49BAHL1081008100177701
BankIslami Pakistan Limited	104200151050202	PK95BKIP0104200151050202	104200151050201	PK25BKIP0104200151050201
Dubai Islamic Bank Pakistan Limited	0067305002	PK26DUIB0000000067305002	0067305001	PK53DUIB0000000067305001
Emaan Islamic Bank	5058-5000041515	PK48SAUD0050585000041515	5058-5000041523	PK26SAUD0050585000041523
Faysal Bank Limited	01440060000253	PK58FAYS0001440060000253	01440060000252	PK85FAYS0001440060000252
First Women Bank Limited	0001-00157531-0000	PK78FWOM0001001575310000	0001-00157531-0001	PK51FWOM0001001575310001
Habib Bank Limited	00087900270001	PK04HABB0000087900270001	00087900270101	PK20HABB0000087900270101
Habib Metropolitan Bank Ltd	6-1-1-20311-714-439493	PK59MPBL0101027140439493	6-1-1-20311-714-439486	PK54MPBL0101027140439486
JS Bank Limited	0000150960	PK83JSBL951400000150960	0000150961	PK56JSBL951400000150961
Meezan Bank Limited	0100910129	PK95MEZN0001050100910129	0100909625	PK26MEZN0001050100909625
MCB Bank Limited	0026-064406791-1000841	PK61MUCB0644067911000841	8067-000000000415747	PK86MUCB000000000415747
National Bank of Pakistan	4082131051	PK18NBPA0010004082131051	4082131042	PK67NBPA0010004082131042
Sindh Bank Limited	0315-096275-1000	PK86SIND0003150962751000	0315-096281-1000	PK83SIND0003150962811000
S.M.E Bank Limited	4001-0016667-0001	PK43SMES4001000166670001	4001-0016659-0001	PK47SMES4001000166590001
Soneri Bank Limited	20001789431	PK76SONE0004120001789431	20001789229	PK98SONE0004120001789229
Standard Chartered Bank (Pakistan) Limited	01-8061610-01	PK81SCBL0000001806161001	01-8062528-01	PK25SCBL0000001806252801
Summit Bank Limited	1-2-30-20311-714-136983	PK76SUMB0230027140136983	1-2-30-20311-714-136991	PK54SUMB0230027140136991
Telenor Micro Finance Bank Ltd	104-029002334-001	PK53TMFB0104029002334001	104-029002335-001	PK19TMFB0104029002335001
The Bank of Khyber	00095-00-1	PK71KHYB003600000095001	00096-00-5	PK26KHYB003600000096005
The Bank of Punjab	6010092549600015	PK90BPUN6010092549600015	6010092549600026	PK84BPUN6010092549600026
United Bank Limited (PKR)	0401003-0006-2	PK34UNIL0112040100300062	0401003-0005-5	PK29UNIL0112040100300055
United Bank Limited (USD)	006531000357	PK97UNIL0112006531000357	006531000371	PK10UNIL0112006531000371

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