



Dr. Shamim Khan Honoured with Professorship at King's College School of Medicine

Dr. Shamim Khan Consultant Urologist and Reader at Guy's and Thomas' NHS Foundation Trust and King's College School of Medicine, London, was honored with Professorship for his outstanding services to Urology at an impressive ceremony in London.

Dr. Muhammad Shamim Khan OBE, FRCS (Uro), FEBU was appointed as the Professor of Urology and surgical Education at King's College School of Medicine and Consultant Urologist at Guy's & St. Thomas' Hospital, London. He graduated from Dow Medical College in 1979 and moved to UK for higher education where he completed FRCS Urology and Fellowship of European Board of Urology (FEBU).

After gaining experience in several hospitals of Ireland he joined Guy's & St. Thomas' NHS Trust, London in 1999. He led the invasive and high risk non-muscle invasive bladder cancer programme at Guy's Hospital offering robotic and open radical cystectomy and all types of urinary diversions. He is one of the highest volumes Robotic Cystectomy Surgeons in UK. After a considerable breadth of general surgical experience he is now actively involved in urological oncology including bladder, prostate, kidney and testes, management of stone disease, functional urology including complex reconstruction and renal and pancreatic transplantation.

Dr. Khan is an excellent teacher in the areas of undergraduate teaching as well as teaching and training of postgraduates in the fields of surgical oncology, simulation and robotic surgery both in the UK as well as abroad.

The credit to initiate laparoscopic donor nephrectomy at SIUT, indeed the credit goes to Mr. Khan. His forte has been introducing new techniques in the field of minimally invasive laparoscopic surgery in 2010 which has transformed the practice of kidney surgery for cancer and live donor renal transplant programme. Laparoscopic donor nephrectomy has become the standard of care thus bringing SIUT at par with international standards.

Mr. Khan has also been actively involved in training of our doctors by the UK, Europe, USA and Africa experts who visited the institute and trained the

local staff to achieve proficiency in the fields of urodynamics advanced prostate diagnostics, vesicovaginal fistula and robotics. He is also actively involved in the process of planning the infrastructure with the help of foreign experts to establish animal laboratory facilities for training the younger surgeons at SIUT. In August 2016 he organized a postgraduate course with SIUT collaboration for trainees from all over the country which has set a new precedent for the future of teaching and training in the country.

Dr. Khan established the first Bladder Cancer Fellowship Programme at Guy's & St. Thomas' Hospitals approved from Royal College of Surgeons. He has been the robotic surgical consortium of five major centres of UK in a leadership role. Dr. Khan has mentored surgeons in robotic surgery in several centres in Europe, Africa and Asia. He has remained the Director of the education Office of BAUS and Director of Robotics training Programme at the Kings College of London to deliver education for the UK and international urology trainees. He is the only Pakistani to be appointed to this position in UK.



Dr. Shamim and Faculty member of Kings College London

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Dr. Shamim Khan Honoured....

Besides his contributions towards SIUT he also has established laparoscopic reconstructive and precutaneous stone surgery at 7 other major centres of Pakistan. He has organized several hands on workshops and courses at various institutions of the country to promote new sub-specialist areas of practice like andrology, prostate cancer diagnostics, and reconstructive surgeries. Dr. Khan is the member of the editorial board of BJUI and International Journal of Clinical Practices. He has been a reviewer of 10 international journals including Lancet, NEJM and British Journal of Cancer. He holds international Visiting faculty positions in several countries of Middle East, Europe, Asia and Africa and has been invited as International trainer in robotics. He has enormous contribution in the reputable journals and books. Mr. Khan has published over 200 peer reviewed papers in some of the very prestigious indexed journals. He was awarded Order of British Empire (OBE) in 2007 in recognition for his outstanding humanitarian work.



Dr. Shamim Khan delivering Professorship Lecture

In his lecture "Persistence wins: a convoluted journey to success leading to new cross roads" he said "My story is that of a long but inspiring journey which, highlights that circumstances may be slow but do not halt your progress provided you are persistent and the system is fair. Mother-nature comes to help by arranging encounters with some inspiring personalities in your life. Who play a key role in providing the sense of direction but also the most vital breaks in your life in general and in particular your career. One manages to achieve goals which at one stage were not part of your wildest dreams. Once successful you see the transformation of the attitude of others around you and even those who do not know you. One starts receiving offers on a plate which were not part of the menu. However, all this comes at a price including that of personal and family life. Hence you need a very supportive and understanding life partner who is prepared to make the necessary sacrifices to allow you time to turn your dreams into reality".

OBITUARY DR. SYED QASIM MEHDI



Dr. Qasim Mehdi passed away peacefully in Lahore on 28th of September 2016 after a protracted illness. He was 75.

A known personality in the academic and scientific circles of Pakistan and abroad, Dr. Mehdi was serving as the chairman of the Center for Human Genetics at the Sindh Institute of Urology and Transplantation SIUT (and was also a visiting professor at Karachi University).

He was a renowned Pakistani molecular biologist who worked in Population genetics. He was a founding member of the Human Genome Diversity Project (HGDP) with prominent role in the initiation of this project at the Stanford University.

Dr. Mehdi was born in Lucknow, India, where he completed his B.S. from the Lucknow University; He received his MA from

MIT and then a D. Phil. (Doctorate) degree from the Oxford University, where he had mentors like Nobel laureates Sir Hans Krebs and Rodney Porter. His doctoral education was followed by a series of fellowships at the Oxford and the Wellcome Trust, till appointed by the Stanford University as a Research Associate in 1976 and later a Senior Research Fellow, affiliated with the Stanford University Departments of Chemistry and Radiology and Stanford Cancer Biology Research Labs. He has been fellow of the Wellcome Trust (1972-1974) and the Biochemical Society, UK (1972-1997), other than holding numerous other honors, awards, and fellowships.

His last appointment was serving as the Chairman of the Center for Human Genetics at the Sindh Institute of Urology and Transplantation, Karachi, Pakistan, as well as a Distinguished Visiting Professor at the University of Karachi.

He was a recipient of the Government of Pakistan civil awards, Sitara-e-Imtiaz (1998) and Hilal-e-Imtiaz, the "Crescent of Distinction" (2003) conferred by the President of Pakistan.

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Book on Organ Donation launched

A book on social and religious aspects of organ donation titled *Majmua'a Khutbaat* was launched at the Karachi Press Club on 16th April 2016.

Journalist Ghazi Salahuddin, moderated the event at a seminar on organ donation and transplantation. It was held at the Sheikh Zayed Islamic Centre.

This Book is based on the proceedings of a seminar held last year at Sheikh Zayed Islamic Centre of Karachi University where country's renowned religious scholars representing all school of thoughts. They fully endorsed the concept of organ donation aiming to save the lives of those who have reached to end stage of organ failure. This seminar was jointly organized by SIUT (Sindh Institute of Urology and Transplantation).

Dr Rizvi said today between 200,000 and 250,000 people lost their lives because of lack of organ donors and the figure was likely to increase. He said hepatitis was rampant and liver transplantation was expensive. Mostly the young people died of the disease, he added.

He said when he started working on the issue, between 15,000 and 30,000 people suffered from it but now the number had increased manifold. He said working in cities like Lahore made him realise that cities were more affected by it than villages. He said 85 percent of the country's population lived below the poverty line and even the 15 percent that was faring comparatively better found it difficult to undergo treatment related to kidneys, lungs and liver.

Dr Rizvi said organ transplantation was taking place in the rest of the world, including Jordan and Egypt, for the past 50 years. Iran, he said, was the biggest centre of liver transplantation.

Mr. Rehman, the Chief Guest at the occasion, said that he was part of the Council of Islamic Ideology when the Human Organ and Tissue Transplantation Act had been drafted. It took 10 years for its enactment, he said that despite the system of Zakat in place, there was not a single person who would come to the government and give money for a noble cause. On the other hand, he said, people had such confidence in Dr. Rizvi that they gave him generous donations because what people looked at was his work. Responding to an earlier speaker Fazil Jamili's statement about Ulema giving a fatwa against terrorism. Mr. Rehman said it had already been done in 2005, but he complained, the media had other priorities, such as the rating game.

Mr. Rehman said that the aim of the book launch was to get everyone, including the media, extend a helping hand to



Dr Rizvi and gather on one platform for humanity. He said Ulema too had given their consent, so now no one could blame them for being a hindrance in the way. It's up to the media, he said, to convey this noble message to the nation.

Sheikh Zayed Institute while taking initiative to hold the meeting of religious scholars in fact supplemented the efforts of SIUT which has been vigorously engaged in mobilizing the society at large to come forward and strengthen the organ donation campaign in the country.

Pakistan happens to be the only country in Islamic world which is lagging behind in organ donation. Organ transplantation is an established procedure in almost all parts of the world including Islamic world.

Bringing prominent religious scholars on a single platform and supporting organ donation was a great land mark achievement on the humanitarian scene of Pakistani society, a SIUT spokesman commented.

Islamic scholar Noor Ahmed Shahtaz talked about the various stages after which the Act was passed. Fazil Jamili and A. H. Khanzada also spoke on the occasion. ■

Mr. Bashir Dawood Donates - Pak in memory of his late father

Mr. Bashir Dawood donated the building for the first dedicated transplant centre in the country in memory of his late father Mr. Suleman Dawood. The 14-storey facility has all transplant-related services under one roof. It has been built at the cost of Rs. 1.5 billion in four years.

Spread over an area of 250,000 square feet, the 100 bed transplant centre has integrated facilities of intensive care units, transplant wards, a pre-transplant unit, a donor ward and radiology section, an out-patient clinic, a state of the art centre both in design and medical facilities will also provide facilities for multi-organ transplant including liver, intestine, pancreas, bone marrow and cornea.

Professor Faissal Shaheen, Director General of Saudi Center for Transplantation, inaugurated the new building. Also present on the occasion were Ms. Laila Sarfaraz, Ms. Zubeida Mustafa, Dr. Haroon Ahmed and Dr. Philip G Ransley who are members of SIUT Board of Governors and Trust in his inaugural speech Prof. Shaheen who is a globally known transplant physician paid compliments to Dr. Adib Rizvi Director and founder of SIUT for setting not only an institution like SIUT but also establishing a transplant centre. He extended all out support from his country and institution for any assistance to SIUT. He also discussed in detail about the deceased organ donation in the overall well-being of mankind. He also discussed various aspects of deceased organ donation.

Speaking at the inauguration ceremony prominent journalist and member board of SIUT Board of Governor's Ms. Zubeida Mustafa while expressing thanks on behalf of faculty, staff and trustees of SIUT said the example set up by Suleman Dawood family must be emulated for the well-being and betterment of the people. She said the generous donation of the family is in fact a confidence on the team of SIUT.

Professor Adib Rizvi thanked the family of Suleman Dawood for generously helping and assisting SIUT in setting up not only a transplant centre but also assisting a 100 station dialysis unit and full-fledged oncology ward. He said the newly constructed centre will enhance the transplant activities in the country and role of SIUT. ■

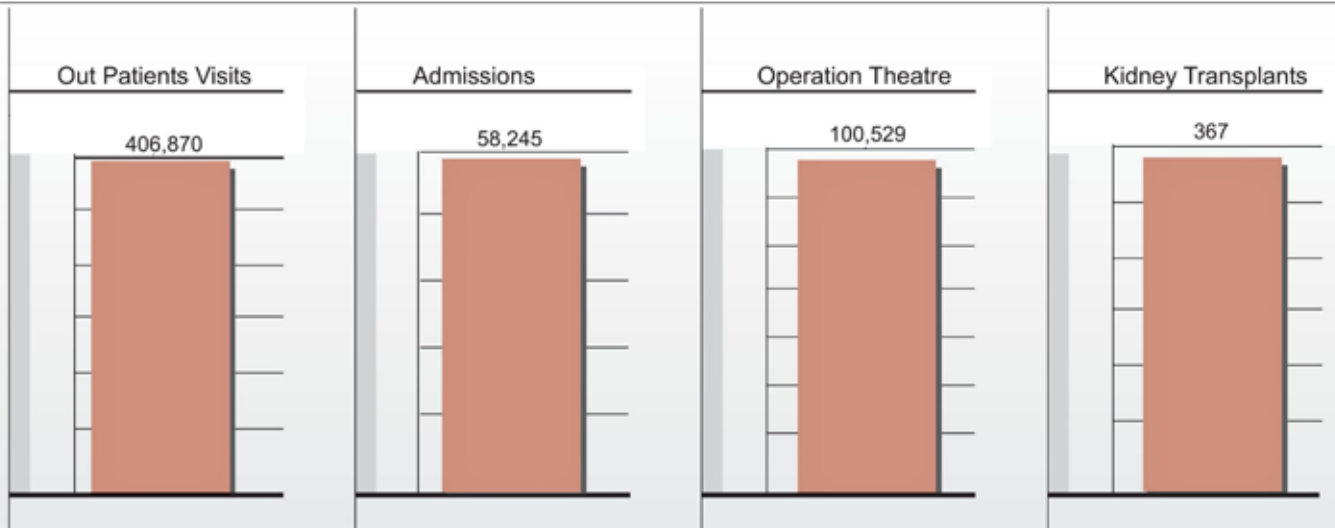


Inauguration of SIUT Transplant Centre



Mr. Bashir Dawood visiting Transplant Centre with Ms. Hanifa Suleman Dawood

RECORD OF SERVICES AT SIUT FOR THE YEAR 2016



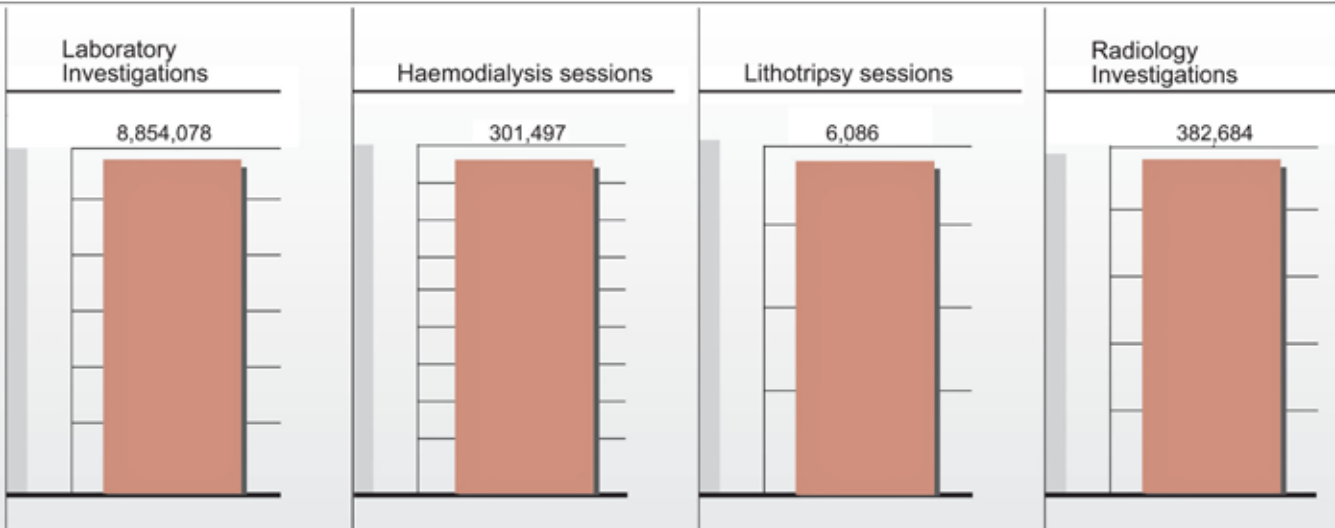
Pakistan's first dedicated transplant centre thru Mr. Suleman Dawood



Speakers at inauguration ceremony, left to right: Ms. Laila Sarfaraz, Dr. Adib Rizvi, Dr. Faissal Shaheen, Ms. Zubeida Mustafa, Dr. Haroon Ahmed and Dr. Philip G Ransley



Suleman Dawood Transplant Centre



Genital Tract Fistula in Female Integrating Pelvic Medicine and Reconstructive Surgery

Three day Course with Live Surgery

27 - 29 April 2016



Dr. Oladosu Ojengbede, Dr. Murlil Lal, Dr. Sohier Elneil, Dr. Tariq Tassadaq and Dr Sadiqa Jaffery speaking on the occasion

A three-day surgical course on genital tract fistula in female population opened on 27th April 2016 at the Sindh Institute of Urology and Transplantation (SIUT) as leading gynaecologist Dr Sadiqa Jaffery inaugurated its opening session.

Organisers said the aim of the course was to train medical professionals in dealing with one of the "most dreaded complications" among women during childbirth.

The genital tract fistula is a common ailment in developing countries where obstetric health facilities are not available, particularly in Asia and Africa.

According to experts once fistula occurs the suffering female gets socially and culturally isolated and neglected from her husband, home, in-laws and even parents.

Dr Sohier Elneil from University College Hospital, London, Prof Oladosu Ojengbede from University of Ibadan, Nigeria, and Dr Tariq Tassadaq from Saudi Arabia, spoke to a packed audience at the SIUT auditorium and later demonstrated a live surgery.

They said that the numbers of fistula victims were very high in

Africa and Asia; its rate was 1/300,000 in Scandinavia while it was at its worst in Africa at an alarming rate of 1/12.

Inaugurating the course, Dr Jaffery lauded the efforts of SIUT in taking up a vital medical and social issue by providing training facilities for professionals.

The audience was told that patients with genital tract fistulas were usually in a difficult and miserable social and personal situation. They needed a multi-disciplinary holistic approach to manage their problem, including urologists, gynaecologists, colo-rectal surgeons, physiotherapists, nurses, continence advisors, nutritionists and other ancillary health workers.

Professor Adibul Hasan Rizvi, Director, SIUT, said such training sessions were a need of the hour as by doing this his institute was improving on its utility and plugging the gaps it had been facing since its inception.

With every such step, we are improving our capacity and performance, which, in turn, increases our ability to serve humanity more efficiently. ■

Sindh Institute of Urology & Transplantation (SIUT)

Urology²⁰¹⁶ Course

Five day Course



A five-day specialized course concerning the field of Urology was held at SIUT (Sindh Institute of Urology and Transplantation) on 1st August 2016. Some twenty eight (28) specialists from all over the country attended the course. The course was organized in collaboration with international and local faculty. Eminent urologist Professor Muhammad Shamim Khan of Guy's and St. Thomas NHS Foundation Trust of London was the course coordinator while Prof Asad Shahzad and Prof. Rehan Mohsin of SIUT were the facilitators.

Inaugurating the course the President of College of Physician

and Surgeons Pakistan Professor Zafar Ullah Choudhry greatly lauded the efforts of SIUT in providing modern training skills to medical graduates. He said such a training goes a long way in improving the professional capacity of doctors.

Director SIUT Professor Adib Rizvi in his welcome address highlighted the salient features of the course. He informed that lectures, practical demonstration provided to course participants will prove useful for their post graduate examinations. Prof. Rizvi highlighted the commitment of SIUT in capacity building of doctors in the field of urology and other related subjects.

04th - 07th September 2016



SIUT, Karachi

Westmead Hospital, Sydney

3rd Postgraduate Course on Renal Transplantation Urology & Nephrology

Guest Faculty



Jeremy Chapman



Philip O'Connell



Jan Swinnen



Germaine Wong



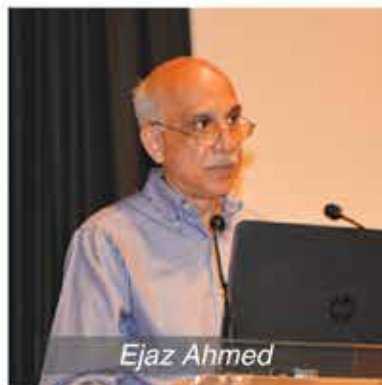
Deborah Knagge



Group discussion



Tahir Aziz



Ejaz Ahmed



Jan Swinnen delivering a Lecture

The 3rd Collaborative Postgraduate Course was held from 4th-7th September 2016. The 3 day joint session was conducted by faculty of Westmead Hospital and SIUT. Westmead faculty included Professor Jeremy Chapman, Director Renal Medicine at Westmead Hospital and Past President of the Transplantation Society. Dr. Jan Swinnen, Specialist Vascular Surgeon Westmead Hospital, Dr. Philip O'Connell, Clinical Professor in Medicine and Director of Centre for Transplant and Renal Research, Dr. Germaine Wong, Associate Professor Transplant Nephrologist and Deborah Knagge, Specialist Renal Nursing and Dialysis, President of New South Wales College of Nursing. The course covered both lectures and hands on surgery. From SIUT the course faculty was Professor Adib Rizvi, Dr. Buksh Ali and Dr. Tahir Aziz.

The course covered Lectures and rounds of Transplant Wards, clinics, Emergency, Dialysis Unit, Fistula maintenance, Kidney Donor Workup, Immunosuppression, ABO incompatible transplants and finally how to write a paper and a course in Biostatistics.

During various sessions the four member team of Westmead Hospital Sydney carried out an extensive exercise along with their Pakistan counterparts of SIUT on variety of subjects related

to urology, nephrology and transplantation. The prominent topics which under discussion were social and psychological issues of transplantation, training workshop for nursing staff in the specialized treatment, pediatric issues.

Professor Jeremy Chapman who was leading the visiting team in his paper dwelt with overall scene of global organ trade but he focused his study mostly in developing countries. He pointed on the basis of monitoring report which indicated that in Pakistan the trend had showed decline till 2013 but has resurfaced in recent two years. Prof Chapman said there is need of effective role on the part of government, medical professionals and advocacy groups to check the growing menace.

Professor Jeremy Chapman, lauded the role of SIUT in providing comprehensive medical coverage to kidney transplant patients. While speaking at the inauguration of the third postgraduate course on renal transplantation, he said that "The capacity to carry out strict monitoring and follow-up of transplant patients, donor and recipient, at SIUT is a commendable medical practice that makes the hospital very distinctive." He also stressed on the need to adopt the same practice of extending such comprehensive medical coverage to transplant patients at other institutions as well.

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