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**IULY 2012** 

### **Community and** Government can be proud of their creation - SIU

What is so different about SIUT? It is the first medical institution

providing all medical treatment

### "Free with Dignity"

but it also differs from others institution.

 SIUT continues to grow and expand its services while others around are shrinking. It started as a 8 bedded ward in 1972 and today after four decades, it's a 500 bedded facility. Today it treats patients with kidney diseases, urological diseases, gastric and liver disease and patients with cancers of the urinary and genital tracts.

The difference: SIUT is the largest dialysis and transplant center in South East Asian region.

• SIUT never sleeps 24/7/365 as we share our patients' worries, allay their fears and take care of everything.

The difference: SIUT provides the ultimate treatment for a disease. All facilities state of the art and multiple solutions under one roof till recovery and

rehabilitation.

 SIUT Cheblani Medical Center in Sukkur now treats > 10,000 patients every month. Services include OPD, dialysis, shockwave lithotripsy for stones, operation theater, laboratory and radiology services. The dialysis centers in Sukkur, Muzaffarabad and 3 centers in Karachi, Shah Faisal, Nazimabad and SIUT together dialyze more than 700 patients a

The difference: SIUT provides services and facilities to the patients at their doorstep.

 SIUT today is the largest transplant center in the South East Asian region and during last 25 years more than 3700 transplants have been performed. In 2009 SIUT performed 544 landmark transplants making it the center performing more live donor kidney transplants than any other center in the world.

The difference: All recipients are provided life long follow-up with medicines and rehabilitation

#### **Last Year Patient Volumes at SIUT**

Patients	850,000	Chemo/radio therapy	9,958
Dialysis Sessions	187,000	Lithotripsies	4,249
Emergency care	107,292	Laboratory Tests	6,086,547
Surgeries	66,146	Radiology Tests	203,216

Support SIUT and be part of the philosophy "we don't let anyone die" because they cannot afford to live

**Events SIUT** 

### They are

They have donated their organs after brain death and family consent



#### Dr. Fehmida Mirza pledges to be an **Organ Donor**

rgan Donation Day was observed at SIUT Karachi with a passionate appeal to the society at large to come forward

Continued on Page 5

**Increase of Patients** at SIUT- Chablani **Medical Centre** Sukkur is Manifold



he philosophy of SIUT to provide specialized medical care to the ailing population free of cost ......

Continued on Page 3

#### **SIUT** Opens another **Satellite Dialysis** Centre in Karachi

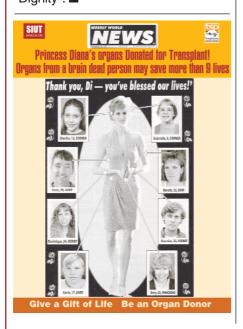


he SIUT-APWA Akram **Khatoon Medical Center** was inaugurated by Ms. Laila Haroon Sarfaraz, president APWA. .....

Continued on Page 6

#### **E**ditorial note

IUT is the finest and only example the country can offer of a Community Government Partnership. This partnership continues to grow where more and more patients are provided all treatment "free with dignity". SIUT has gone beyond its boundaries to cities across Pakistan to Muzaffarabad and now Sukkur. SIUT Sukkur treats more than 10,000 patients per month where all treatment is provided free to all patients. We can all be proud SIUT and its services - Hope, Help, Life, and SIUT go together for thousand of patients. This Ramazan you can continue to be a part of this philosophy - We don't let anyone die because they cannot afford to live. All of the treatment "Free with Dignity".



#### How you can help...

SIUT provides all its services free of cost. We believe that no one should be deprived of access to health and proper medical care, which is a basic human right, based on his or her ability to pay. All are equal and all are entitled to the best care. Even though we provide our services free of charge, it is costing SIUT more and more every year to continue to provide these services as our patient load increases daily. You can help us by making a donation to the 'Society for the Welfare of SIUT' in the following way:

- Rs. 1,500 will cover the cost of a single dialysis session for a renal failure patient.
- Rs. 150,000 will provide year-long dialysis for one patient.
- Rs. 250,000 would enable one patient to undergo transplant surgery.
- Rs. 180,000 would provide year-long post-transplant anti-rejection drugs for one patients.
- Rs. 8,000 will cover the cost of one session of lithotripsy.
- Help us to equip our new cancer hospital, Hanifa Sulaiman Dawood Oncology Centre, SIUT



#### **SIUT North America, Inc**

**SIUT North America Inc.** is registered with the Internal Revenue Service of USA as a non-profit organization under section 501(c) (3), Employer ID Number 76-0656947 and all donations are eligible for tax deduction for USA tax payors.

For Residents outside Pakistan you may contact SIUT North America Inc. at the address given below. We are eligible to received grants from them.

#### Head Office (Houston):

Web site: www.siutna.org

Contact person: Dr. Fatima Sayeed, President SIUT North America Inc. 1, E. Rivercrest Dr., HOUSTON, TX 77042 Tel: 281-855-0939, 713-446-0379, 713-660-0786 Fax: 281-550-6042 E-mail: sayeed\_36@hotmail.com. Contact person:

Sindh Institute of Urology and Transplantation

Prof. Dr. Suraiya Rasheed, 2465, E. Orange Grove Blvd., Pasadena, CA91104, Tel: 626-797-8189 & 323-224-7415, Fax: 323-227-1840,

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### SIUTnews

#### **Sindh Institute of Urology and Transplantation**

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#### **SIUT- Chablani Medical Centre Sukkur**

The philosophy of SIUT to provide specialized medical care to the ailing population free of cost and without compromising their dignity is now showing visible impact on the vast population living in upper parts of Sindh province where number of patients have increased manifold at the SIUT-Chablani Medical Centre, SIUT had established the Chablani Medical Centre replicating its facilities in order to provide comprehensive medical care to the people at their door steps. Statistics indicate that number of outdoor patients reported reached the mark of 2000 as compared to 438 in the previous months. Similarly the number of patients receiving dialysis facilities also rose from 210 to 950. In Radiology, the patients receiving facilities touched the mark of 3000 as compared to 400 in previous months. Laboratory facilities also showed a considerable increase as some 10,000 patients received variety of tests at Sukkur.

Also known for it's laid down philosophy of not refusing any patient, the management of SIUT always believed that setting up a medical centre was not enough so they chalked out a comprehensive plan ensuring that the availability of the best possible medical expertise is also available to the patients reporting at Sukkur. SIUT's staff and faculty manage the centre's functionality on rotational basis where Radiology, Laboratory, Lithotripsy, Dialysis and Outpatient facilities are given free. A team of experts led by Director SIUT Professor Dr. Adib-ul-Hasan Rizvi visits the centre every week and during their stay they carry out surgical procedures and attend the patients













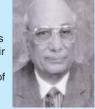




## Rich Tributes Paid to Dr Mir Rehman

Ali Hashmi

Rich and glowing tributes were paid to late Dr. Mir Rehman Ali Hashmi, a former Secretary General of the Pakistan Medical Association at a memorial



meeting organized by SIUT. Dr Hashmi was a well known personality of medical profession who played an instrumental role in the improvement of health care system and medical education in the country. Dr Azra Raza, Professor of Medicine, Columbia University Medical Centre New York, delivered her talk at M. R. A. Hashmi Memorial Lecture on "Decoding Cancer: Armed with Genomics is the end in sight". She described the effectiveness of new drugs targeting genes which has cured many patients, especially myelodysplastic syndrome. The second session included leading personalities of medical profession, journalists, intellectuals and political figures. Leading lawyer and President of Workers Party Mr. Abid Hasan Manto, who was the contemporary of Dr. Hashmi in the student politics of fifties, recalled his old association with Dr Hashmi. Mr. I A Rehman, former chairman of human rights commission of Pakistan (HRCP) greatly lauded the life long contribution of Dr Hashmi and said "he was a personality full of vision and a human rights activist Mr. Husain Naqi highlighted the contribution made by Dr Hashmi not only in the field of progressive students' movement but in country's health care system and related education. Others who spoke include Dr Yaseen Ali, Dr Ali Jaffer Naqvi, Dr Ali Mohammad Ansari, Dr Badar Siddigui, Dr Samad Shera, Dr Safia Moin, Mr. Saeedullah Khan, Mr. S. M Nasim and Dr. Hayee Baloch. The proceedings were conducted by Dr

Haroon Ahmed while Director SIUT Professor Dr. Adib-ul Hasan Rizvi in presentation, covered the various aspects of Dr Hashmi's contribution and praised his deep commitment for the cause of a common man.

The family members of Dr Hashmi unveiled the plaque of the SIUT clinical laboratory which has been dedicated in the memory of late Dr Hashmi ■



The family members of Dr Hashmi unveiled the plaque of the SIUT clinical laboratory

#### SIUT Volunteers Organize 2nd Spring Festival 2012



"My unfulfilled dreams are now in the hands of the next generation. I firmly believe they will be realized." A clear indication of the faith Dr. Adib Rizvi has placed in the new generation of SIUT volunteers.

The main focus of the event was the schools. Almost 60 school stalls entertained the guests with interactive games and activities. Each school was represented by faculty members and a team of dedicated SIUT Student Volunteers. The games were charged by coupons, and the entire amount collected during the day was donated to SIUT patient care.

One of the most pleasant surprises was received at 11am, 500 students from underprivileged and special needs background were invited by the Resource Generation and Outreach department.

Amidst all this, the Guest of Honor, Maulana Abdul Sattar Edhi was received by Dr. Adib Rizvi and a throng of SIUT Student Volunteers. His humble grace and charm gave the festival a necessary humility and sense of gratitude.

The day was closed by three musical acts by Bell, Spoonful, Tabish Javed, and Zainab Imran. The entire day was a brilliant exercise of goodwill and interaction, where SIUT Student Volunteers got to expand on their potential and add new members to the growing mass of active humanitarian volunteers. All in all, over 16,000 people took home fun and cheer, along with a sense of awareness and responsibility



#### **SIUT Organizes Radiology Conference** on Liver Cancer and A Workshop on Techniques of Needle Biopsy and **Imaging of Dialysis AVF**



Dr. Sarwat

SIUT organized a Radiology Conference in Karachi on "New Frontiers in Diagnosis and Treatment of Early Hepatocellular Carcinoma" and Workshop on "Techniques of Needle Biopsy and Imaging of Dialysis Arterio-Venous

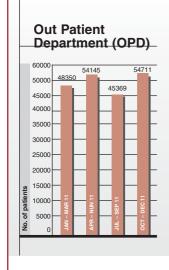
Director SIUT, Prof. Dr. Adib-ul-Hasan Rizvi, explained the core educational objectives of the event which were; to make the participants understand the new horizons of radiological workup in liver cancer with multi specialty approach, incorporate into their practice the key applications of recent advances in the ultrasound and CT guided intervention of liver tumors, and to better understand the role of radiology in diagnosis & treatment of problems in Dialysis Arterio-Venous Fistula (AVF).

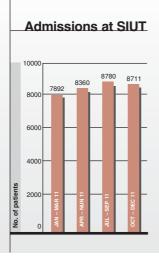
Professor Dr. Sarwat Hussain, Chairman Radiology Guthrie Healthcare System PA and Professor at Upstate University New York USA, enlightened the audience on the Challenges faced in the early detection of Hepatocellular Carcinoma (HCC), When should a suspected HCC be biopsied and the Screening Guidelines and their results in HCC.

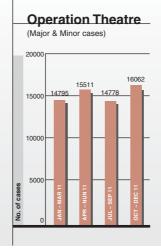
Associate Professor Dr. Amjad Sattar, Consultant Radiologist and Academic Incharge Dept. of Radiology SIUT, spoke on the Imaging of Space Occupying Lesions of Liver.

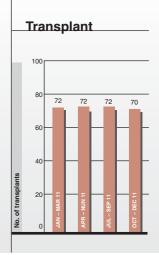
Professor Dr. Abdaal Wasim Khan, Consultant HepatoBiliary Surgeon SIUT, spoke about the Locoregional Therapy/Resection of Hepatocellular Carcinoma ■

#### **RECORD OF SERVICES AT SIUT FOR THE PERIOD JANUARY 2011**









#### Dr. Fehmida Mirza pledges to be an Organ Donor Continued from Page 1



and take part in a campaign of pledging to donate organs and save the lives of thousands of those waiting for a second lease of life.

Dr. Fehmida Mirza, Speaker of the National Assembly who was the chief guest at a function to mark the occasion also made a fervent appeal for more and more organ donation and described it as an act of profound generosity and a service to the humanity.

Speaking on the occasion she highlighted the statistics that prevail in the country stating that some 50,000 people loose their lives every year due to end stage organ disease or organ failures. The prime and foremost factor in majority of cases she said is "paucity of organs and ignorance about the scientific treatment. She underlined the need to tackle this problem by ensuring availability of more organs and by inculcating the spirit of compassion for those whose lives are in danger.

Dr. Fehmida Mirza reminded that treatment of organ transplantation is well established in most parts of the world including the Islamic World. She said President Asif Ali Zardari was one of the heads of State who has also signed the consent card. She recalled that in this regard the organ

donation law has been promulgated in the country in recent past which allows deceased organ donation and also prohibits any trade of organ transplantation. Speaker of the National Assembly greatly lauded the services of SIUT.

Professor Adib ul Hasan Rizvi, Director SIUT gave an overall view of cases of organ failures that are experienced in Pakistan as well as in other parts of the world. While discussing the constraints and the remedial measures, he made a passionate appeal to the society to support organ donation campaign for the relief of ailing population. Quoting the statistics of the World Health Organization (WHO), he said that Pakistan as a part of South East Asian Country is one of the lowest in providing transplant surgical facilities.

Also present at the launch ceremony were the family members of those immortal personalities who had donated their organs to the needy persons at the time of their demise. That included Mr. Anwar-ul-Haq father of late Mr. Naveed, Mrs. Razzak Memon wife of late Dr Razzak Memon and Ms. Qurut ul Ain mother of Master Arsalan the first deceased liver donor in Pakistan who all shared their thoughts with the audience.



Dr. Fehmida pledging Organ Donation

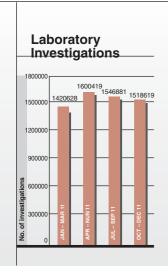


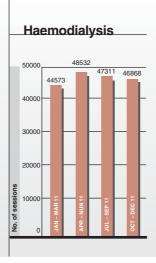
Exhibition on deceased Organ Donation

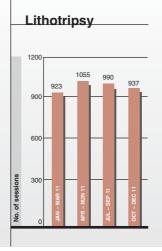
Dr. Fehmida Mirza also gave her consent card expressing her willingness to donate her organs. Many prominent personalities representing cross sections of the society have already joined the campaign by giving similar consent.

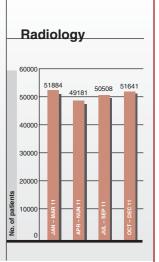
The Organ Donation Day campaign was organized by SIUT in collaboration with Pakistan Association of Urological Surgeons, Transplantation Society of Pakistan and Pakistan Society of Nephrologists. The office bearers of all the three organizations also spoke on the occasion ■

#### TO DECEMBER 2011









### International Urology Workshop 28 - 31 March 2012

#### and Fellowships **Awarding Ceremony**

Medical experts from the field of paediatric urology have stressed the need for setting up more dedicated and specialized paediatric urology units in the country in order to tackle the ever growing issue of congenital paediatric urological problems which are confronted in the society. This was the consensus of internationally renowned paediatric urology experts at the third International Paediatric Urology Workshop held in Karachi.

Prof. Zafarullah Chaudhry, President College of Physicians and Surgeons Pakistan (CPSP), inaugurated the workshop.

Speaking on the occasion, Prof. Adib ul Hasan Rizvi, Director SIUT, narrated the history of paediatric urology at SIUT. He said majority of children suffer from urological diseases, of this 70% suffer from stone diseases. Every year fifteen thousand children are born with congenital abnormalities and they remain untreated and are physically, mentally and socially crippled and a burden on society. Now, we are diagnosing these cases during pregnancy and trying to follow and manage them after birth.

Prof. Philip G Ransley a well known paediatric urologist from Great Ormond Street Hospital (UK), described the paediatric surgery as an extremely specialized field. He said that with the

participation of some internationally renowned urological surgeons in this workshop, it would go a long way in addressing the urological disorder issues amongst the children population.

At the opening of the workshop Prof Ransley introduced the participants which included Dr Jeeta Dhillon, Prof Ricardo Gonzalez, Stephanie Warne, Prof Barbara and Dr Padraig Malon. These urologists of international repute were the main speakers at the various sessions of the workshop.

A special session of the workshop was the awarding of Sindh Institute of Medical Sciences (SIMS) fellowships in Paediatric Urology to three surgeons trained at SIUT.

Dr Ishrat Husain, Director Institute of Business Administration the chief guest gave away fellowships to these surgeons. Prof Philip Ransley said that "Paediatric Urology fellowship" will be a regular feature of Sindh Institute of Medical Sciences (SIMS)

Prof Adib Rizvi said since the very beginning the institute is providing teaching and training facilities in the field of urology, nephrology, hepatogastroenterology, radiology and laboratory sciences. Recognizing its efforts Government of Sindh declared SIUT as Sindh Institute of Medical Sciences (SIMS) through a resolution passed by Sindh Assembly.

The start of fellowship scheme is another initiative of SIUT aimed to provide specialized medical manpower and focus 75 million children in the country of which estimated fifteen thousand are born each year with developmental defects of the urinary tract and in addition thousands of children suffer from stone disease ■



Dr. Sherjeel Saulat receiving his Fellowship



Dr. Sadaf Aba Umer receiving her Fellowship



Dr. Bashir Ahmed receiving his Fellowship

#### SIUT Opens another Satellite Dialysis Centre in Karachi

Continued on from Page 1



Inaugurated by Ms. Laila Haroon Sarfaraz



Dialysis session at SIUT-APWA Medical Center

This is the result of collaboration between Sindh Institute of Urology and Transplantation (SIUT) and All Pakistan Women Association (APWA).

The SIUT-APWA Akram Khatoon Medical Center has been set up as a satellite dialysis center to facilitate the large number of kidney patients in Central and West Karachi. Ten dialysis machines have already been brought into operation where over 7000 dialysis sessions is expected to be conducted annually. This center is of great benefit to the local community as it saves patients on commute time and cost. The existing premise generously given by APWA has been renovated and refurbished by SIUT and also houses a water purification plant, an essential requisite for dialysis.

At the inauguration, Ms. Laila Haroon Sarfaraz thanked Dr. Adib Rizvi and his team for setting up the new facilities and said this great effort will be of immense benefit to kidney patients in all the surrounding areas

#### **Zubeida Mustafa Pen Power Praised**



Ms. Zubeida Mustafa was paid rich tribute by friends and former colleagues at a gathering at SIUT to celebrate her Lifetime Achievement Award given by the International Women's Media

Foundation's (IWMF).

Ms. Mustafa worked in Dawn for over three decades. She joined the newspaper in 1975 and retired in January 2009. Among the first women in mainstream journalism in Pakistan, she held positions of responsibility throughout her years at the newspaper.

Ms Mustafa spoke highly of Dawn's former

editor the late Mr Ahmad Ali Khan. She was indebted to him for all she had achieved as a journalist as he encouraged her to highlight issues of the masses.

She said "The powers of the pen are immense but never make wrong use of this power. Be fair and verify information before you write something".

She also praised the services being delivered by SIUT and said that it was her strong desire to help the downtrodden that had led her to this institute several years ago. Dr Adib Rizvi appreciated Ms Mustafa's journalistic contribution and specially her role for the legislation of organ transplantation

## SIUT faculty honoured





Dr. Ejaz Ahmed, Professor of Nephrology was awarded Fellowship of Royal College of Physicians of London in April 2012 ■

#### **World Cancer Day**

orld Cancer Day was held at Hanifa Suleman, Dawood Oncology Centre, SIUT in which Director SIUT Professor Dr. Adib Rizvi inaugurated the day long activities and outlined the various services offered by the institute in terms of surgery, chemotherapy, radiotherapy and brachytherapy etc. primarily to patients suffering from kidney, urinary bladder, prostate cancers and also other malignancies. Dr. Rizvi stressed nationwide need of implementation of cancer prevention measures to curtail this growing menace. He reiterated the institute's commitment in providing free of cost quality care with dignity to all patients. Dr. Rehan Mohsin, Urologist SIUT, hosted the program.

Enlightening presentations on various Cancer topics were delivered by highly qualified medical professionals in the field of Oncology. Prominent amongst these were Dr. Najeeb Naimatullah and Dr. Adnan Zaidi, Consultant Cancer Specialist and Dr. Amir Maqbool Consultant Radiation Oncologist. The speakers laid stress on the beneficial aspects of preventing, diagnosing and treating cancer in initial stages before it manifests as a full blown disease.

They pointed out Tobacco use, Pan, Chaalia, Gutkha, Alcohol, Malnutrition, Early childhood marriages, Multiple pregnancies, Environmental pollution, Poor socio-economic conditions, Obesity, Hereditary factors, Certain dyes/chemicals/petroleum products as the culprits, amongst other several causes ■







#### **World Kidney Day**

The World Kidney Day was organized all over the world including Pakistan to create awareness on kidney diseases. This year the theme is "Donate Kidneys for life Receive".

On this occasion Prof. Dr. Adib Rizvi, Director SIUT said world kidney day is a joint initiative of International Society of Nephrology (ISN) and the International Federation of Kidney Foundations (IFKF). He said this year the theme of world kidney day is "Donate Kidneys for life Receive". He said every year 50,000 people suffer from end stage organ failure. Pakistan has a law for deceased organ donation. If we start cadaver organ donation we can save majority of patients suffering from kidney, liver, heart and lung failure.

Dr. Sajid Bhatti, Assistant Professor Nephrology SIUT said there is a yearly increase in incidence of renal failure. About 250-300 million people world over suffer from renal failure. There is an increase in incidence of diabetes and hypertension leading to chronic kidney disease. There is a 40% rise in incidence per year. There is urgent need for early detection through blood and urine tests, and ultrasound kidneys.

Dr. Imran Diabetologist said every year 366 million people suffer from diabetes world over and by year 2030 this number will increase to 552 million of which 80% of the patients live in middle and lower income group. Pakistan will be the 10th largest country of the world having diabetic patients.

On this occasion Dr. Seema Hashmi Paediatric, Nephrologist said if we diagnose and treat the disease in early stages we can save lives of children suffering from chronic kidney diseases and hypertension.

Dr. Munawar Khaliq, Urologist, gave over view of stone disease ■

#### SIUT NEWS

This year, we need Rs. 2 billion to keep the largest centre for Urology, Nephreology, G.I. and Hepatobiliary, Oncology and Transplantation alive, healthy and moving forward. Please help us again.

### Pause. Think. Act.

#### Make your donations through cash, cheque or credit cards

#### Through Banks

You can deposit your cash or cheque (Donation or Zakat) for "SIUT" in major branches of the following banks all over Pakistan.

Bank	Account Number	Nature of A/c
United Bank Ltd.	0401-003-0005-5	Donation
	0401-003-0006-2	Zakat
United Bank Ltd.	0065-310-0037-1	Donation
(US\$)	0065-310-0035-7	Zakat
NIB Bank Ltd.	415747	Donation
	401889	Zakat
Barclays Bank	0000-00094239	Donation
	0000-00111209	Zakat
Dubai Islamic Bank	0067-305001	Donation
	0067-305002	Zakat
JS Bank	150961 (9514)	Donation
	150960 (9514)	Zakat
Bank Islami	1042-0015105-0201	Donation
	1042-0015105-0202	Zakat
Meezan Bank	0105-0100057852	Donation / Zakat
Citibank	1001418293	Donation / Zakat
Standard Chartered	01-209426601	Donation / Zakat
MCB	0026-07010000032	Donation / Zakat
National Bank	0283-000707-8	Donation / Zakat
Bank Alfalah	0022-1000239573	Donation / Zakat
Faysal Bank	110-2155842-101	Donation / Zakat
Habib Bank Ltd.	0008-00096388-03	Donation / Zakat

All Contributions and Donations in the form of Cheques/Bank Drafts should be made out to "SIUT Trust".

#### Collection Centre

You can also submit your Donations / Zakat directly to our office at the following address.

Resource Generation and Outreach (RGO) Department Ground Floor

Dewan Faroog Medical Complex (DFMC),

Sindh Institute of Urology and Transplantation (SIUT), Yaqoub Ali Khan Road,

Near Civil Hospital, Karachi.

Sindh Institute of Urology and Transplantation (SIUT), 3rd Floor, Civil Hospital Emergency Building, Karachi.

#### By courier

You can also send your Donations and Zakat to SIUT by sending your Cheques or Bank Drafts payable to "SIUT Trust" at our following mailing address:

Sindh Institute of Urology and Transplantation (SIUT), Sardar Yagoob Ali Khan Road, Karachi - 74200, Pakistan Sindh Institute of Urology and Transplantation

#### **Credit Cards**

Those who want to donate through credit cards please fill the relevant details of our credit card form and send it by mail or fax.).

#### Please charge my credit card

☐ Zakat ☐ Donation

or U.S. \$

Patients of SIUT

(Tick the appropriate box)

□ VISA	☐ MASTER	
Name of Cardhol	der	
Credit Card No.		

Expiry date \_\_\_\_\_ Signature \_\_\_\_\_

Please debit Pak. Rs.	

from my credit card in favour of Society for Walfare of

State amount in words

Address & Tel \_\_\_\_\_

\*SIUT accounts are audited by A.F. Fergusons **Chartered Accountants** 

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For further information please contact us on

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