

SIUTnews

JANUARY 2013

SIUT Establishes Primary Healthcare Centre at Kathore



A 'Primary Healthcare Centre' has been established by SIUT at its Institute of Biotechnology & Transplant Sciences at Education City Kathore, which was inaugurated by the Chief Minister of Sindh Syed Qaim Ali Shah.

Kathore - some 25 kilometers from the heart of Karachi is a village representing rural population of great metropolis comprising more than 3 hundred villages with an estimated population of over a million. The village lacks the basic amenities of life particularly in the field of health delivery sector.

In his welcome address at the inauguration ceremony, Prof. Adibul Hasan Rizvi said that SIUT has always maintained that primary healthcare is a vital component of overall healthcare system. Always responding to the health needs of the disenfranchised segment of the population and providing them 'Free treatment and beyond' SIUT has created another milestone in this direction by setting a "Primary Healthcare Centre in Kathore". In this centre diseases like malaria, diarrhea, tuberculosis, febrile illnesses, stone related diseases, diabetes, and hypertension to name a few are being treated.

Prof. Rizvi said that ever since its inception some four decades ago, SIUT has always maintained an unflinching philosophy that medical care is the birth right of every individual and they should get the medical facilities without discrimination on the basis of

cast, color, creed, gender or ethnicity. SIUT has in the past, created many landmarks proving that desired goals can be achieved through public and government partnership and self reliant basis, without any outside borrowing.

On this occasion the chief minister of Sindh Syed Qaim Ali Shah said services provided by SIUT in its specialized medical fields under the leadership of Prof Adib Rizvi are simply unparalleled. Sheer dedication and commitment to mitigate the suffering of the people has been the hallmark of SIUT and setting up of a primary healthcare centre at Kathore is another landmark to their credit. The most redeeming part of SIUT's activities is that they have always come forward and responded to the needs of society and filled the gap if arising in the medical delivery system. The decision to set up a unit in Sukkur and some other parts of Karachi is a reminder that SIUT medical professionals were fully aware of the needs of the society and committed to extend their activities at the door steps of the people.

Futuristic plans of SIUT are also praiseworthy as they have acquired a piece of 100 acres of land in Kathore to set up a full fledged institute for transplant sciences and biotechnology. It was very prudent on the part of SIUT to proceed ahead and establish a primary healthcare unit till the time the arrangements for the proposed institute are finalized and government is able to pay the seed money for setting up the institute ■

Last Year Patient Volumes at SIUT

Patients	1,000,000	Chemo/radio therapy	9,345
Dialysis Sessions	211,565	Lithotripsies	6,846
Emergency care	105,774	Laboratory Tests	6,364,796
Surgeries	70,043	Radiology Tests	210,023

Support SIUT and be part of the philosophy
"We cannot let them die because they cannot afford to live"

Events SIUT



SIUT's Transplant Patients bag Medals

Earning a new lease of life after suffering from end stages of renal failure a group of 10 transplant patients of SIUT

Continued on Page 4

SIUT starts 'Chatul Bai' Dialysis Centre



As a part of providing specialized medical care facilities to the ailing patients at their door steps, SIUT has established another well equipped dialysis centre at Nishtar Road (old Lawrence Road near Zoological Garden) Garden East, Karachi.

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SIUT Pays Rich Tributes to Ardeshir Cowasjee



SIUT organized a condolence meeting in memory of a great SIUT friend and supporter, late Ardeshir Cowasjee,

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Editorial note

SIUT is the only public sector organization providing "free of cost" treatment to its patients with life long follow up and medications. Community support has enabled SIUT to take its services to the doorsteps of patients with its centres in Muzaffarabad, Sukkur and its 7 centres in Karachi. The primary health care centre in Kathore is another step in this direction. The nation can be proud of the institution as due to economic constraints medical facilities are shrinking nationwide - SIUT has grown exponentially. Today over 700 patients are dialyzed each day and 10 patients receive kidney transplants per week and thousands of patients are seen in out patient departments and emergency services. ■

میں مرکز بھی زندہ رہوں گا

کیونکہ دہریوں کی زندگی چانے کے لیے میں نے اپنے جسم کے حصے ادا کیا ہے۔ یہ سب کی بہت بڑی بات ہے۔ مجھ سے پہلے پاکستان میں ہی ایسی کئی مثالیں تھیں۔ لیکن اب اس کا ثبوت ہے کہ میں بھی زندہ رہوں گا۔

- میری آنکھیں دو دن اور کوئی نہیں کی۔
- میرا دل مریض کے دوران خون کو سمال کر کے ہمیں زندگی کی نئی نواں بنا دیا۔
- میرے بچھڑے ہوئے دل کی ماس کے دوہرے ٹکڑے کو آہستہ آہستہ سے چمکے کر دیں گے۔
- میرا جگر دہریوں کے نامور جگر کی جگہ لے کر صحت مند زندگی عطا کرے گا۔
- میرے گردے اور پتلیوں کے دوہرے ٹکڑوں کی مدد سے مجھے جات و آفات کی زندگی عطا کریں گے۔
- میرے جسم کا ہر حصہ ایک صدقہ چاہیے ہو گا جو میری عاقبت سنبھالے گا۔

www.siuat.org

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اپنے اعضاء عطیہ کریں اور ہمیشہ کے لیے زندہ رہیں۔

ٹرانسپلانٹیشن سوسائٹی آف پاکستان

How you can help...

SIUT provides all its services free of cost. We believe that no one should be deprived of access to health and proper medical care, which is a basic human right, based on his or her ability to pay. All are equal and all are entitled to the best care. Even though we provide our services free of charge, it is costing SIUT more and more every year to continue to provide these services as our patient load increases daily. You can help us by making a donation to the 'SIUT TRUST' in the following way:

- Rs. 1,500 will cover the cost of a single dialysis session for a renal failure patient.
- Rs. 150,000 will provide year-long dialysis for one patient.
- Rs. 250,000 would enable one patient to undergo transplant surgery.
- Rs. 180,000 would provide year-long post-transplant anti-rejection drugs for one patients.
- Rs. 8,000 will cover the cost of one session of lithotripsy.
- Help us to equip all the Nationwide Centres of SIUT

مختصر الفاظ

مدد زندگی . امید

siut بڑے معنی - آپ کا

اپنی زکوٰۃ اور عطیات دے کر زندگیوں بچانے میں ہماری مدد کیجیے

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SIUTnews

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Community Deater Patient Government

SIUT's CONCEPT: Community-Government Partnership

Workshop on Hepatopancreatic Biliary (HPB) Surgery



"To commemorate College of Physician & Surgeons Pakistan (CPSP)'s Golden Jubilee celebrations, a series of preconference workshops were organized in major cities of Pakistan. The workshop on HPB surgery was organized by the Gastro Intestinal & Hepato Pancreatic Biliary Surgery department, SIUT. The workshop was inaugurated by the President of CPSP, Mr. Zafarullah Choudhary who elucidated on the role of CPSP in postgraduate education in Pakistan since its inception in 1962. He lauded the services of SIUT in not only providing quality care to patients but also in imparting much needed post-graduate education and training.

The course objectives included learning the diagnostic radiology of space occupying lesions of the liver and principles of liver resection (with live demonstration of a case). The session also demonstrated the maneuvers of performing a safer laparoscopic cholecystectomy, and highlighted the pitfalls leading to biliary injuries. Endoscopic management of these injuries was highlighted by Dr Nasir Luck (SIUT) and surgical management by Dr Arsalan Khan (SIUT). In relation to the pancreas, management of pancreatic abscesses and other collections in relations to severe pancreatitis was also discussed.

The conference was well attended with more than 70 participants from outside SIUT including Quetta. The panel of experts included Prof. Mumtaz Mehr, Prof. Irfan Daudi, Dr Rizwan Khan, Dr Hasnain Zafar and Dr Abid Jamal. The workshop facilitator was Prof. Dr Abdaal Wasim (SIUT) ■

SIUT - Hajiani Chatul Bai Dialysis Centre at Garden East, Karachi

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The newly established Garden East Centre is catering to the needs of those patients who need dialysis and reside in nearby areas.

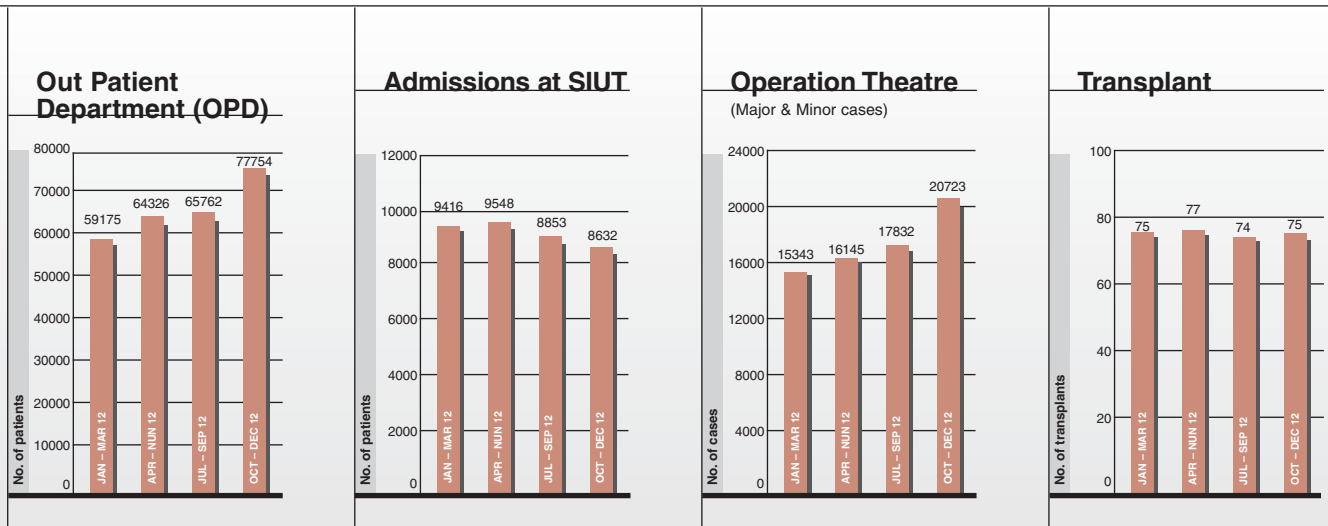
SIUT has already established six dialysis units in various parts of Karachi City and its suburbs with an aim to extend the specialized medical treatment facilities to the people in their close vicinity and save them from the ordeal and hassle of long distance travelling and other logistical issues.

The new centre has been established in a bungalow which has been donated to SIUT by Mr. Dost Muhammad of Matiari, as a gesture of philanthropy and in recognition to the services which the Institute is rendering in the field of specialized medical treatment to a vast population free of cost.

According to an estimate, some 18,000 people die every year in the country as an end case of renal failure and lack of dialysis facility.

The newly established centre was jointly inaugurated by Director SIUT Dr. Adib Rizvi and Mr. Dost Muhammad and also present on the occasion were notables of the area and faculty members of SIUT ■

RECORD OF SERVICES AT SIUT FOR THE PERIOD JANUARY 2012



Seminar on Gender and Ethics, at CBEC, SIUT



CBEC organized a three day seminar on Gender and Ethics . This was connected to the Fourth Module of the Masters in Bioethics and the Postgraduate Diploma in Biomedical ethics programs conducted by CBEC.

The seminar opened with an Academic Lecture by renowned anthropologist Dr Ziba Mir-Hosseini on "Men the Guardians of Women: The Unmaking of Legal Fiction". This was followed by a talk by Dr Mohsin Naqvi on "Abrahamic Religions and Gender Relationships".

These two sessions were followed by a 2 day workshop for registered participants and CBEC students on "Gender, Islam and Rights perspectives". This was conducted



by Dr Mir-Hoseini and Dr Khalid Masud, a renowned Islamic scholar.

The workshop was followed by a session by lawyer Sharmeen Khan on "Protecting Women: Current Pakistani Laws". The seminar ended with a session on Blasphemy led by Dr Mohsin Naqvi and guest speaker Bishop Ashraf.

The seminar on this topic was the second one organized by CBEC. Another similar event with the same faculty had been held in March 2001 also ■

SIUT's Transplant Patients bag Medals in Middle East Transplant Games

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took part in the Middle East Transplant Games at Abu Dhabi in December 2012, held concurrently with the 13th Congress of Middle East Society of Organ Transplantation, aimed to enhance transplantation activities in the region.

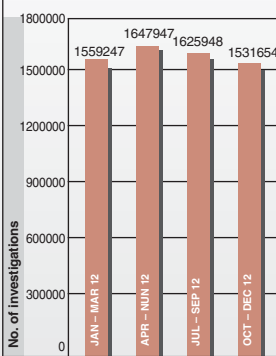
Athletes taking part in the event were those who had either received or donated life saving organs. SIUT's sponsored contingent also included similar patients who had gone through transplant procedures at SIUT and now leading a normal and a healthy life. SIUT'S vision of participation was that "staging sports and social events for transplant patients is in fact a demonstration of benefits of organ donation which also proves that both recipients and donors can lead a normal and healthy life". SIUT has been regularly sending its transplanted patients to various international events in the past as well.

SIUT's athletes achieved a remarkable success by bagging six medals including one gold, three silver and two bronze. Over hundred and fifty transplant athletes representing eleven Middle Eastern regions took part in the four day event. SIUT transplant athletes who claimed medals in the competition included Mr. Sufyan Arshad who outclassed his opponents in 100 meters swimming competition and secured the gold by coming first. In another category of swimming Salman Akhtar captured second position in breast stroke and walked away with a silver. In field and tracks event, Mr. Arshad Minhas and Salman Akhtar jointly bagged silver medals in two kilometer race. Mr. Hasan Zaman another transplanted patient claimed bronze in 100 meters. Mr. Rashid Kamal who took part in 200 meters won the bronze.

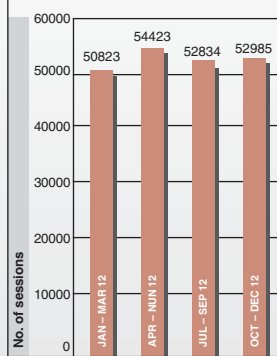
A team of SIUT doctors was invited by the organizers along with a ten member contingent for participation in the games. The contingent also included Mr. Mohammad Talib a former national athlete and Ms. Fareeda Mazhar, Social Welfare Officer of SIUT who looks after the patients in their pre & post transplantation/rehabilitation period ■

TO DECEMBER 2012

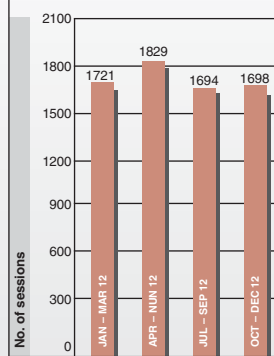
Laboratory Investigations



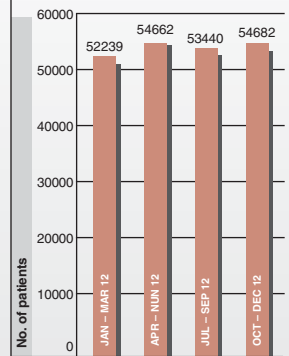
Haemodialysis



Lithotripsy



Radiology



CERTIFICATE AWARDING CEREMONIES FOR 29th, 30th & 31st SIUT Student VOLUNTEER PROGRAM BATCHES



The Resource Generation and Outreach Department (RGO) of SIUT organized the certificate awarding ceremonies for the 29th, 30th & 31st batches of student volunteer program at different periods of time respectively. Prof. Adibul Hasan Rizvi congratulated the successful volunteer students and reiterated that proper training of the volunteers is integral for the bright future of Pakistan.

Prof Adib Rizvi said that during the training, these students were taught the basic core principles of community service and at this phase of life if they have learned to understand the problems, plight and ailments of others then definitely they will make the dream of a prosperous Pakistan come true. He said that he was confident that this generation will accomplish what they have not been able to do and was proud of these students. He appealed to the society in general to encourage the philanthropic work done by these children.

Dr. Anwar Naqvi highlighted the importance and the impact generated by the program in terms of creating healthy society which is conducive and imperative for the success and progress of a nation. In the program he said the volunteers were detailed

about various medical departments by the respective doctors and were also imparted patient care & first aid training. Total numbers of 316 students from various schools were trained in these 3 batches and to date total 3546 students have been trained so far under this student volunteer program.

Ms Kishwer Zehra Chairperson RGO said that these children are the leaders of the future from whom several Abdul Sattar Edhis and numerous Adib Rizvis shall rise. She added that human behavior is a true reflection of a society's virtues and vices. She mentioned that some students have devoted more than 2000 hours of community volunteer services.

The ceremonies were attended by a large number of parents, teachers and students. Representatives of the student volunteers speaking on this occasion said that this program has enlightened them about the plights and suffering of the sick and needy people of the society and now they have learned how they can be of help to others and making a positive change in their lives ■

SIUT Pays Rich Tributes to Ardeshir Cowasjee

Continued from Page 1

which was well attended by the faculty and staff of SIUT who all paid rich and glowing tributes to him for his outstanding philanthropic and humanitarian services.

Dr. Adib Rizvi said that Ardeshir Cowasjee was an outstanding human being and a superbly patriotic Pakistani who was undoubtedly the conscience of the cosmopolitan Karachi. His fearless writings and raising voice on public issues shall always be remembered. Mr. Cowasjee was a true friend and staunch supporter of SIUT who was in contact with the institution for over three decades and his association enriched SIUT with donation of 3 lithotripters housed in the Cowasjee Lithotripsy Unit dedicated to Mr Rustom Fakirjee Cowasjee and recently an angiography machine benefitting the underprivileged segment of the society. Dr Rizvi said that Mr. Cowasjee remained a true friend of SIUT till his death.

Dr Anwar Naqvi of SIUT moderating the session, greatly lauded the philanthropic acts of Mr. Cowasjee, remembering the donation of the first dialysis machine in the memory of his wife in 1993 and subsequently a 24 unit dialysis centre at SIUT named after his illustrious mother Ms. Mucca Cowasjee. Dr. Naqvi divulged that Mr. Cowasjee was amongst the first who pledged to donate his organs for the benefit of dying humanity and took an active part in deceased organ donation program.

As a mark of respect for the departed soul, a two minute silence was observed ■



Cowasjee Angiography Unit



Cowasjee Lithotripsy Unit

This year, we need Rs. 2.5 billion to keep the largest centre for Urology, Nephrology, G.I. and Hepatobiliary, Oncology and Transplantation alive, healthy and moving forward. Please help us again.

Pause. Think. Act.

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5	Bank Islami	1042-0015105-0202	1042-0015105-0201
6	Barclays Bank	0000-00111209	0000-00094239
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Near Civil Hospital, Karachi.

Sindh Institute of Urology and Transplantation (SIUT),
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- SIUT accounts are audited by
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