

JULY 2024

SIUT Ramadan Campaign 2024: Raising Hope for Karachi's New Cancer Hosp

his year's SIUT Ramadan Campaign focused on a cause close to everyone's hearts: the fight against cancer. With a new cancer hospital being built in Korangi, Karachi, SIUT's campaign aimed to raise awareness and funds for this vital project.

The ad campaign poignantly captured the reality of role reversal, where children take on the responsibility of caring for their elderly parents battling cancer. SIUT, with its world-class facilities and dedicated team, promises to be there for these families during their most challenging times.

SUIT's gratitude extends to its media, publication and RGO departments, the Azad film team especially Mr. Jami, Mr. Faiz Muhammad and esteemed artists including Sania Saeed, Akber Subhani and Kaif Ghaznavi who volunteered their time and talent to support the campaign.

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SIUT CANCER HOSPITAL

The campaign kicked off with a personalized touch - an impactful letter from Dr. Adib Rizvi addressed to friends and supporters of SIUT. These letters were distributed through various channels, including clubs and banks, ensuring a wider reach among the community. The campaign leveraged a multimedia blitz to ensure maximum impact. Heartwarming television commercials

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The Ramon Magsaysay Award Foundation (RMAF)



Group photograph of RMAF team with SIUT Faculty. Centre is Prof. Adibul Hasan Rizvi with Ms. Ceceilia L. Lazaro (Chairperson) and Ms. Emily A. Abrera

team of RMAF came to Pakistan for the launch of A special seven-volume book series titled "GREATNESS OF SPIRIT: Stories of Love, Courage, and Service" on 27th April 2024. This series highlights the remarkable lives of all 348 Ramon Magsaysay Awardees, showcasing their inspiring dedication to selfless service to the people of Asia, regardless of race, gender, or religion. Pakistan produced 12 laureates of this esteemed award, including Dr. Syed Adibul Hasan Rizvi.

Dr. Adib Rizvi was honored with the 1998 Ramon Magsaysay Award for Government Service for his extraordinary efforts in expanding the scope of a public service hospital to provide life-saving medical treatments such as dialysis and renal transplantations to thousands of Pakistani citizens, free with dignity.

A team from RMAF, including Ms. Ceceilia L. Lazaro (Chairperson) and Ms. Emily A. Abrera (Trustee), had the privilege of witnessing the groundbreaking services offered at the Sindh Institute of Urology and Transplantation (SIUT). ■

SIUT Signs MoU With Jigiiga University, Ethiopia to provide **Post Graduate Training**



n 23rd May 2024, a Memorandum of Understanding (MoU) was signed between SIUT and Jigjiga University, a prominent educational institution in Ethiopia. The purpose of this MoU is to provide specialized training to the doctors of Jigjiga University. Prof. Adibul Hasan Rizvi, Director of SIUT and Dr Abdulahi Hussen. Vice President of Jigjiga University signed the MoU.

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SIUT Critical Care Department held a Course on "The Fundamental of **Critical Care Support**"

he Fundamental Critical Care Support (FCCS) course held at SIUT from April 18th to April 20th, 2024, marked a significant milestone in the journey of medical education and training. The course, endorsed by The Society of Critical Care Medicine (SCCM), aimed to equip healthcare professionals, including nonintensivists, with essential skills to manage critically ill patients during the crucial first 24 hours or until appropriate critical care consultation can be arranged. The Course Director was Dr. Fakhir Raza Haidri and Dr. Mohammad Wasim Khoro and the Coordinator was Dr. Mujtaba Hassan.

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(TVCs) aired not just locally but also internationally, reaching a wider audience. Radio broadcasts spread awareness across Karachi's airwaves, while billboards and print ads in prominent newspapers delivered the message across the city. A dedicated social media campaign kept the momentum going online, and eye-catching bus ads ensured excitement spread throughout Karachi.

To further raise awareness about SIUT's cancer services and the need for resources, a special documentary on the cancer hospital was produced. Additionally, 40 oncology patient stories were shared on social media, offering a glimpse into the lives SIUT touches. Social media played a crucial role, with the largest group "Soul Sisters Pakistan" and influencer Kanwal Ahmed sharing SIUT's services and raising awareness.

Actor Wahaj Ali lent his support by promoting SIUT's donation message, while Ms. Zeba Bakhtiyar and Ms. Sarwat Gillani also echoed the call for support.

The campaign's success resonated with the community. SIUT Stalls at Dolman Malls, Lucky One Mall, Forum Mall and Square One Mall witnessed



generous donations from shoppers. We are grateful to all the malls for their Probono support.

SIUT expresses its deepest gratitude to EFU Life Assurance LTD for its continuous support over the years. Their generous contribution to the Zakat Campaign this year was instrumental in generating vital funds for the new cancer hospital.

SIUT is also thankful to the TV channels including TV One, ARY Digital, Dawn TV, BOL TV, AIK News, Samaa TV, AAJ News, Express TV, GTV and NEO TV who invited SIUT Doctors for their Ramadan Transmissions. This provided a valuable opportunity to reach a wider audience and share.

The campaign extended beyond traditional media. A special Eid function was organised featuring poems by "Pakkay Dost" and the distribution of handmade toys by Tinko.

SIUT Signs MoU With Jigjiga University, continued from page 1

Dr Ahmed Abdilahi Hussein, Post-graduate Program Director, Dr Burhan Ahmed, Public Relations Directorate Director and Dr Abdirahman Burale, Head of Surgery Department, Jigjiga University, Ethiopia were included in the delegation. Mr Ibrahim Tawab, Honorary Consular and Mr Chalachew Eshetie Muche, First Secretary and In-charge of Public Diplomacy, Ethiopian Embassy to Pakistan were also present.

SIUT Critical Care Department

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The FCCS course, recognized worldwide for its comprehensive curriculum and handson approach, attracted a diverse group of healthcare professionals eager to enhance their critical care skills. With the participation of 24 esteemed faculty members boasting national and international credentials, the course offered a unique blend of lectures and skills stations.

The FCCS course at SIUT exemplified a commitment to excellence in critical care education and training. By providing participants with comprehensive theoretical knowledge and practical skills, the course has equipped them to deliver high-quality care to critically ill patients.





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SIUTnews



SIUT CRICKET LEAGUE SEASON 3

n May, SIUT organized the Cricket League Season 3 where 16 teams participated from different departments of SIUT. The championship was arranged at TMC ground in Gulberg FB Area. The time of the championship was from 7 pm onwards. The first round was on 4th May and the second and final on 11th May. The main organizers were Mr. Aley Hasan Zaidi from Admin, Mr. Raheel Ahmed, and Farman Rasool from the HR Department. In two fun days, the players, staff, and faculty visited the venue along with their families.There was music, songs, and excellent Biryani from the catering department. Tea stalls and cold drinks were also arranged. The championship was won by Nursing King who defeated MSO Falcons. The highlight of the league was the highest number of sixes, 22 in all by Dr. Baber Malik of (MSO Falcons) followed by 19 by Mr. Rizwan Rehman (Lab Jaguars). The highest runs of the tournament were also scored by Dr. Babar 166 followed by Mr. Rizwan 151. The organizers had arranged live commentary and coverage of the matches on YouTube. Former cricketer Mr. Sikander Bakht was the Chief Guest on the first day of the tournament. The grand finale of SIUT League Season 3 witnessed heart-stopping moments to nail-biting finishes. A memorable event for all those who participated and enjoyed comradeship. ■



SIUTnews

OSCE/TOACS Mock Exam held by Department of Surgery and Hepatobiliary Surgery



pepartment of Surgery held a mock Exam for Intermediate Module on 1st April 2024. The Exam was for OSCE (Objective Structured Clinical Examination) and TOACS (Technical and Operative Assessment of Clinical Skills). These mocks simulate the exam environment, providing residents with a realistic experience. By participating in these mock assessments, our surgical trainees become familiar with the format, time constraints, and expectations.

Residents have the opportunity to fine-tune their clinical and technical skills. Whether it's demonstrating suturing techniques, handling instruments, or communicating effectively with standardized patients, these mock exams allow for targeted skill refinement. ■







Rajesh Kumar, Dr. Anila Kazmi and Senior Nurses.

n commemoration of International Nurses Day, the Department of Nursing and Patient Safety & Quality Assurance Department – SIUT organized a special twoday event (May 15,16, 2024) that brought together healthcare professionals and leaders to celebrate the invaluable contributions of nurses at SIUT.

This year's theme, "Our Nurses. Our Future. The economic power of care," set the stage for enlightening talks by distinguished speakers during the event.

Head of The Nursing Department Mrs. Shahnaz Kausar shared insights into the challenges and triumphs of nursing practice, emphasizing the importance of compassion and resilience.

SIUT Celebrates International Nurses Day

Ms. Ranjeeta Rajesh Kumar, Principal School of Nursing presented a vision for the future of nursing education and professional development, inspiring the next generation of nurses.

Dr. Anila Kazmi, Head of the Department of Patient Safety and Quality Assurance, emphasized SIUT commitment to rigorous standards in patient safety and quality care essential for nursing. She applauded the dedication of our nurses and highlighted the importance of pursuing International certifications.

The guest speaker on the occasion was Mr. Atiq Raja, a renowned International motivational speaker and CEO AR Training and Consultancy delivered an impactful speach.

During the two-day event, attendees conveyed & shared sincere pledges and heartfelt dedications, emphasizing nurses' resilience, dedication, and commitment to dignified patient care. ■



From Left Mr. Muhammad Maaz Ali Naqvi, Ms. Rabia Zehra, Dr. Farhana Tabassum, Dr. Asma Nasim, and Ms. Anila Kazmi with participants.

"Waste Not, Want Not: Transforming Hospital Waste Practices"

he Department of Patient Safety & Quality Assurance at SIUT hosted a guest lecture by Ms. Farhana Tabassum, Trainer & Consultant and former Field Expert at the Sindh Healthcare Commission, on April 3 2024. The lecture aimed to revolutionize hospital waste management practices, emphasizing the crucial significance of precise waste handling and disposal procedures.

Moving forward, SIUT is committed to enhancing training programs, adopting advanced waste management technologies. ■

SIUT Celebrates World Hypertension Day

orld hypertension day is celebrated every year on May 27th. On this day SIUT Paediatric Nephrology Department organized a Seminar about "Childhood Hypertension: Call to Action for Early Diagnosis and Management."

This seminar was fully endorsed by the International Paediatric Nephrology Association (IPNA), Asian Society of Paediatric Nephrology (ASPN), Pakistan Society of Nephrology (PSN), Pakistan Paediatric Association Nephrology Group (PPA- Nephrology) and the Accreditation Council for Continuous Medical Education.

It was a whole day activity in which about 100 in-person registrants and about 400 online registrants from 30 countries attended. The target audience was all the healthcare workers who are involved in the care of children who are diagnosed with hypertension. Among the participants, there were nephrology trainees and consultants of both adult and paediatric specialties as well as a large number of paediatric consultants and trainees.

The International speakers included Dr Rupaish Raina and Irfan Agha from the USA, Dr Swasti Chaturvedi from Australia, and Dr Zainab Arslan from London, while national



Group photo of Participants with the invited speakers

speakers included Dr Amir Hameed from Ziauddin University, Salman Kirmani from the AKUH and Dr Shazia Mohsin and Seema Hashmi from the SIUT.

The need for screening all healthy children after three years of age by checking the blood pressure at least once and screening and monitoring children with risk factors like obesity, premature birth, kidney disease, heart disease, and other chronic conditions was endorsed and emphasized during the seminar. Early referral to specialists with expertise in specific areas is also known to prevent future complications. ■

Asian Society of Transplantation (AST) 2024 Ethics Webinar

IUT faculty participated in an International Webinar organized by Asian Society of Transplantation Ethics Committee which was held on 11th May 2024. Topic of webinar was "The vulnerable living organ donor". Speakers were Dr. Curie Ahn (Korea), spoke on who is a vulnerable donor, Dr. Aamir Jafarey (Pakistan), talked about "Tales of Kidney Vendors from Pakistan", Dr. Mirza Naqi Zafar (Pakistan), lecture was on "Strategies for



Curie Ahn KOREA



Aamir Jafarey PAKISTAN



Mirza Naqi Zafar PAKISTAN

case presentation of living donors. The Moderator was Dr. Sanjay Nagral (India). The webinar focused on the vulnerabilities of the living donor focusing on donor dependence, gender bias in donor selection, other social and cultural vulnerabilities. Welcome

protecting the vulnerable living donor", Dr. Ha Phan Hai An (Vietnam) and Dr. Ghazali Ahmad (Malaysia), gave

speech was given by Dr. Maggie Ma, President AST. ■



Ha Phan Hai An



Ghazali Ahmad MALAYSIA

SIUT Paediatric Cardiology Department Receives FCPS Training Accreditation from CPSP

he College of Physicians and Surgeons Pakistan (CPSP) recently awarded accreditation to the Department of Paediatric Cardiology at SIUT for Fellowship of the College of Physicians and Surgeons (FCPS) training.

The accreditation demonstrates SIUT Paediatric Cardiology department's ability to provide a high-quality training environment that meets CPSP's rigorous standards. This ensures that trainees receive the best possible education and preparation for excellence in their medical careers. ■



SIUTnews

SIUT Division of Cardiothoracic Sciences A 2 year Journey of innovation and excellence

A t SIUT's Division of Cardiothoracic Sciences Journey from humble beginnings to breaking new ground has been nothing short of remarkable. In a short span, the division has completed over 500 cardiac surgeries and interventions. This exponential growth has been driven by a steadfast commitment to quality initiatives and patient safety, ensuring that each patient receives the highest standard of care.

The state-of-the-art facilities and equipment include Hybrid Cath Lab, Masimo Monitors, C6 Ventilators, Mindray A9 Anesthesia workstations, Voluson V10 echo machine, placing us at the forefront of medical technology. The outcomes consistently fall within international benchmarks, reflecting the dedication to excellence. The division is to be proud member of prestigious international registries such as The International Quality Improvement Collaborative (IQIC), Congenital Cardiac Cauterization Project on Outcomes (C3PO), and ACC Quality Network (QNET), which underscores our commitment to global standards and continuous improvement.

In 2024, three groups are formed to introduce new services: Neonatal Cardiac Services, Adult Cardiac Services, and Heart-Lung Transplant





Services. These initiatives will further expand our capabilities and improve patient outcomes.

Certificate In Health Professions Education Faculty Development Course (CHPE) at SIUT



G ollaboration with Health Services Academy Islamabad, (Degree awarding Institute, Government of Pakistan) Certificate in Health Profession Education (CHPE) course was held at SIUT in April 2024. CHPE aims at introducing the basic and applied concepts of medical education to the Pakistani health sciences teachers and improving their skills to perform the basic functions of a teacher in health sciences institutes.

Certificate in Health Professions is a teacher friendly program that helps teachers in health sciences to develop their basic teaching skills. All teachers must acquire basic teaching skills if they wish to adopt a teaching career in health sciences. CHPE program provides an opportunity for medical and allied faculty to learn basics of health professions education.

Eid Gifts Drive by Student of Jinnah Sindh Medical University

A n Eid Gifts Distribution Drive was held on 3rd April 2024 at SIUT by the students of Jinnah Sindh Medical University (JSMU) Social Lab led by Head of Social Lab, Maryam Rizwan. The students collected donations at their university in order to buy gifts for those patients who are unable to celebrate Eid at their homes due to prolonged hospital stays.



Primary Trauma Care Course at SIUT Skills and Simulation Lab



Group photo of participants of the Primary Care Trauma Course

S IUT department of general surgery hosted a Trauma Course at the SIUT Skills and Simulation Lab in collaboration with the Primary Trauma Care Foundation on the 29th of June 2024. The basic trauma care course has 50 participants from different specialties. They were divided into 5 groups of 10 each at each stations. The stations were for primary assessment and Paediatric resuscitation, airway management, chest trauma and thoracotomy, and a variety of trauma radiology.

Trauma is an interdisciplinary specialty where every stake holder is an integral piece. it's like a jigsaw puzzle. Each piecewhether it's a diagnostic clue, a surgical skill, or a compassionate touch- matters. When we collaborate, we fit those pieces together seamlessly. The result? A complete picture of patient well-being.

Operation Theater Department organized a workshop on the handling of self-retaining surgical retractors for Final BS Medical Technology students pursuing Operation Theater Sciences

he Operation Theater Department organized a workshop on the handling of self-retaining surgical retractors on 27th April 2024. This event aimed to enhance the practical knowledge and skills of the students, providing them with hands-on experience in handling surgical self-retaining retractors.

The workshop commenced with an insightful introductory lecture by Ms. Mehwish Hanif Academic Coordinator of the BS Medical Technology Operation Theater Sciences program, who emphasized the importance of proper handling and utilization of surgical retractors in various surgical procedures.

The practical session was led by a team of

experienced faculty members, including Mr. Shahrukh

Ali, Ms. Faiza, and Mr. Abdul Aziz. The students had the opportunity to engage directly with self-retaining surgical retractors, practicing their handling and application under the supervision of these knowledgeable instructors. ■



B IUT media team campaign for fund raising won the EFFIE Golden Trophy for the second time in a row. The award was given for the Campaign "Kyu K Maa Baap Haar Nahi Maante" is for all the unsung heroes - the parents who never give up on their kids, no matter what. SIUT thanks the Effie Awards for this recognition. ■

Workshop on 'Decontamination of Flexible Endoscopes'

S IUT hosted a Workshop on 'Decontamination of Flexible Endoscopes' on Tuesday 21st May 2024 at Agha Hasan Abedi Auditorium, SIUT, Karachi, Pakistan. Prof. Nizam Damani, Senior Infection Prevention and Control Consultant at World Health Organization shared insights on Endoscopy, its types, design of endoscopy unit, risks of infections and disinfecting flexible endoscopy.

Dr. Asma Nasim, from the Department of Infectious Diseases, inaugurated the educational session with an in-depth exploration of the fundamental principles of decontaminating reusable medical devices.

Prof. Nizam Damani, the guest speaker, explored the various aspects of endoscopy, including: Potential risks of infections associated with endoscopy procedures. He provided a comprehensive overview of different endoscopy procedures, their applications, and the significance of decontamination techniques.



Prof. Nizam Damani concluded the workshop with a practical demonstration video that proved to be both informative and engaging. This visual guide effectively illustrates the proper techniques for cleaning and disinfecting flexible endoscopes. Through the video's step-by-step approach, participants gained hands-on knowledge to uphold the highest standards of hygiene. ■

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Participants along with the OT Senior Surgical Technologists who conducted the Workshop. OT Department consisting of From left Mr Shahrukh Ali, Ms Mehwish Hanif, Ms Faiza Riaz and Mr. Abdul Aziz (last on right)



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Habib Metropolitan Bank Ltd	6-1-1-20311-714-439493	PK59MPBL0101027140439493	6-1-1-20311-714-439486	PK54MPBL0101027140439486
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Meezan Bank Limited	0100910129	PK95MEZN0001050100910129	0100909625	PK26MEZN0001050100909625
MCB Bank Limited	0026-064406791-1000841	PK61MUCB0644067911000841	8067-0000000000415747	PK86MUCB0000000000415747
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Resource Generation and Outreach (RGO) Department

Ground Floor, Dewan Farooq Medical Centre (DFMC), Sindh Institute of Urology and Transplantation (SIUT), Sardar Yaqoob Ali Khan Road, Near Civil Hospital, Karachi. SIUT accounts are audited by A.F. Fergusons Chartered Accountants

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