



Convocation 2018

Sindh Institute Of Medical Sciences (SIMS)

Providing Free Education – A Fundamental Human Right



Sindh Institute of Medical Sciences (SIMS) held its Convocation in December 2018. In all, 307 students attended the ceremony where 5 students were awarded PhD degrees in Genetics and Transplant Sciences, 10 Master's degree in Biomedical Ethics and 71 students received Post Graduate diplomas in Biomedical Ethics. 159 candidates were BS degree in Medical Technology. 58 candidates graduated in Nursing and 4 obtained Specialist Registered Nursing Certificates. Over 800 parents and relatives attended the ceremony. Prof. Francis Delmonico from Harvard Medical School was the Chief Guest and Prof. Nancy Ascher from the University of California was the guest of honor. Prof. Adib Rizvi, Director SIUT while welcoming the guests and students reiterated SIUT's philosophy that health and education are the birth rights of every citizen irrespective of gender, caste, color or religious belief.

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Seminar on Update Organ Transplantation



SIUT organized a seminar "Update Organ Transplantation" on 13th December 2019. The highlights of the Seminar were: Global Transplant Practices and Ethical Transplant, Role of World Health Organization (WHO) Task Forces on Protocol of Government Responsibility for Ethical Transplant and Self-sufficiency in Organs, Strategies to Increase Deceased Donation, determining Brain Death and Donation from Non-heart beating Donors and, finally, Training in Transplantation.

Members representing international faculty which included three eminent Transplant Surgeons from the USA. Prof. Nancy Ascher from University of California, Prof. Francis Delmonico from Harvard Medical School and Prof. John P Roberts from University of California.

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1st APPNA Global Healthcare Summit



The Association of Physicians of Pakistan Descent of North America (APPNA) organized their 1st International Summit in Pakistan in collaboration with Medical Institutes of Islamabad, Lahore and Karachi. APPNA was established in 1977 to provide a fraternity for Physicians of Pakistani descent in North America. Today APPNA is the largest organization in the USA, which represents over 18,000 physicians of Pakistani origin in North America with diverse contributions in their respective fields and service to their community. One of the main objectives of APPNA is to encourage better healthcare delivery through medical education and create strong linkages between APPNA and Medical Institutions in Pakistan. The Summit in Karachi was held at SIUT on 21st & 22nd December 2018. A total of 96 foreign and 276 local delegates participated in the two-day summit.

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A Happy New Year to all our Friends and Supporters



Faiza Mohsin giving Valedictory Speech



Awarding Degree to Graduate

Convocation 2018

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Prof. Francis Delmonico congratulated the students on their achievements and said that they were lucky to be the students of an internationally recognized Institute. Prof. Nancy Ascher said that SIMS is an oasis where free education of high standard is imparted free of cost. She praised SIUT's policy of selecting the students on merit and was impressed by the high number of female graduates which she discussed in her speech is a great contribution to society. Member Board of SIUT, prominent Journalist Zubeida Mustafa said that providing free education at SIUT was a dream come true for the Board.

The journey of the SIMS-SIUT evolving into a training institute was initiated when, the ever increasing patient volume created a need for greater number of appropriately trained personnel. The Sindh Institute of Urology and Transplantation (SIUT) earned an autonomous status by an Act of the Sindh Assembly in 1991;. In June 2008 it acquired the status of a degree awarding institution by the Higher Education Commission (HEC) and in 2009 the Sindh Assembly granted University Charter to the Sindh Institute of Medical Sciences (SIMS).

SIMS-SIUT are engaged in diverse academic activities while striving to create public awareness of health related issues. Programs focus on education and training of doctors, nurses, technicians and technologists, biomedical ethicists and researchers and scientists. Several educational and training centers operate under the umbrella of SIMS.

- Anesthesia and Critical Care
- Dialysis and Critical Care
- Clinical Laboratory Sciences
- Diagnostic Radiology
- Nuclear Medicine and Radiotherapy
- Operation Theater Sciences

The School of Nursing offers a 2-year diploma and a comprehensive 3-year Diploma for General Nursing which is recognized by the Pakistan Nursing Council (PNC).

The Centre of Biomedical Ethics and Culture (CBEC) offers a one-year Postgraduate Diploma in Biomedical Ethics (PGD) and a two-year Masters in Bioethics (MBE). In addition, the Centre also conducts periodic short courses and public interest cultural programs.

The Centre for Human Genetics and Molecular Medicine offers a PhD program and conducts research in the Human Genome with applications in the Etiology of Renal Diseases, Cancer Genetics and Biomarkers in Transplantation.

SIMS-SIUT also offers postgraduate studies leading to Master of Science (MS) in Surgery, Doctor of Medicine (MD) in Nephrology and Doctor of Philosophy (PhD) in Biological Sciences. The College of Physicians and Surgeons of Pakistan (CPSP) also recognizes SIUT for fellowship training in Urology, Nephrology, Pediatric Nephrology, Radiology, Internal Medicine, Gastroenterology, Anesthesiology, Infectious Diseases, Pathology and General Surgery. Additionally, SIMS also serves as a regional Training Centre for Urology, Nephrology and Transplantation for graduates from Iran, Sudan UAE, Bangladesh, Sri Lanka, Nepal and other South Asian countries. ■

SIUT

Sindh Institute of Urology and Transplantation

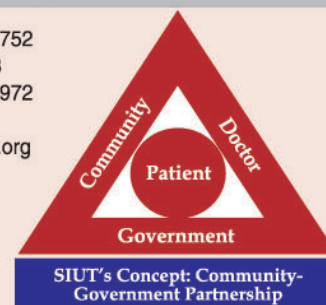
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Seminar on Update Organ Transplantation

Dr. Nancy Ascher's presentation was on Global Practices of Transplantation and Deceased Organ Donation. Dr. Francis Delmonico, Adviser to WHO, presented the World Health Organization's Strategies for Self-sufficiency in Organs and Access to transplantation for Citizens with Long Term Care of Recipients and Donors. Dr. John P Roberts stressed upon the need for creating awareness for organ donation by the media and civil society. Representing SIUT's faculty Dr. Rehan Mohsin who presented his experience of Long Term donor Follow-up, while Dr. Tahir Aziz spoke about the Long Term Success of Transplantation at SIUT and Dr. Nasir Luck explained the Challenges in Deceased Organ Donation in Pakistan and Dr. Haider Mehdi presented the Results of Living Donor Liver Transplantation at SIUT. ■



Prof. Nancy Ascher

Prof. Nancy Ascher is the Immediate Past-President of The Transplantation Society (TTS), a global transplantation organization. She was assigned in 1988 by the UCSF Department of Surgery to build a liver transplantation program. In 1991 she was appointed Chief of Transplantation, an expanded role that included liver, kidney and pancreas transplants. In 1999 she was appointed Department Chair where she served until September 2016.

Dr. Ascher has had a distinguished career of public service that includes appointments to the Presidential Task Force on organ transplantation and the Surgeon General's Task Force on Increasing Donor Organs. She also served as Chair of the Advisory Committee on Organ Transplantation for the Secretary of Health and Human Services from 2001-2005. Highly respected by her peers, Dr. Ascher was named to the list of U.S. News "America's Top Doctors," a distinction reserved for the top 1% of physicians in the nation for a given specialty. ■



Dr Francis Delmonico

Dr. Francis L. Delmonico, M.D. FACS is Professor of Surgery, Harvard Medical School, Massachusetts General Hospital and Director of Renal Transplantation. He is the Past-President of The Transplantation Society (TTS) and Medical Director of the New England Organ Bank since 1995. He is an advisor to the World Health Organization in matters of organ donation and transplantation and the Executive Director of the Declaration of Istanbul Custodian Group. Dr. Delmonico is a recipient of several prestigious awards including the NKF's "David M. Hume Lifetime Achievement Award", the "Shumakov Medal" from the Moscow Institute of Transplantation. He was a co-recipient of the "Prince of Asturias Award" on behalf of TTS for his efforts in the establishment of Declaration of Istanbul. ■



Dr John P. Robert

Dr. John P. Roberts, M.D. is a transplant surgeon and professor of surgery in the Division of Transplant Surgery. He also held the Endowed Chair in Abdominal Transplantation. Dr. Roberts is a former interim chair of the Department of Surgery and served in the role from October 2016 through March 2018. He is active in health policy service organizations related to this field. Dr. Roberts serves on numerous national committees related to his expertise on organ distribution. He frequently delivers presentations on topics involving transplantation science and the management of surgical patients. ■

World Diabetes Day

The theme of World Diabetes Day this year was "Family and Diabetes". The day was observed at SIUT in a befitting manner public who visited was screened for Diabetes and general check-ups by physicians, laboratory tests and dietary consultations were given out by nutritionists.

Dr. Fatima Jawad, Consultant Diabetologist at SIUT informed about the alarming rise of diabetes globally with over 400 million people suffering from the disease. She also informed that in our region of South Asia it is also on the rise with 39 million people suffering from the disease and the numbers are likely to increase to 80 million. A series of lectures were given to the general public who had come for screening for diabetes. Lectures were given where the public was informed that diabetes increases the risk of several disease, e.g. kidney failure, stroke, heart ailments and vascular diseases. The key message of the day was that people should adopt healthy lifestyle, a balance diet, regular exercise and for those with diabetes - regular monitoring to prevent diabetic complications. ■



Dr Fatima Jawad



1st APPNA Global Healthcare Summit



Inaugurating the summit Prof. Adib Rizvi, Director SIUT greatly lauded the gesture on the part of APPNA for holding the meeting on the soils of their homeland and advised them that this healthy trend must continue in the years to come. He said that their professional services are always needed for

improving the healthcare system in Pakistan. Prof. Rizvi gave an overview of services at SIUT where over 2 million patients are treated annually.

President APPNA Dr. Iqbal Zafar Hamid in his welcome address said that "his Association is actively committed to capacity building of their professional colleagues and medical students living in Pakistan". Appreciating the collaboration with SIUT, he said "it is going to be a milestone for future activities".

Dr. Akhtar Hamidi, Chair of First Global Healthcare Summit in his address hoped that this summit will create a new bond and linkages for the benefit of local activities in terms of capacity building. Dr. Razi Muhammad Co-Chair also spoke on the occasion and thanked SIUT for its support and collaboration.

The inaugural seminar was followed by two days of workshops and CME Seminars.

WORKSHOPS

- **Basic Life Support (BLS).**
Dr. Fakhir Raza Haidiri, Consultant Intensivist, SIUT
- **"Train the Trainers" Medical Education.**
Dr. Razi Muhammad/Dr. Imran Mehmood, Dean Muhammad Medical College, Mirpukhas/Director Medical Education DUHS.
- **Ultrasound Guided Regional Anesthesia Workshop.**
Dr. Irfan Suleman, Assistant Professor, Johns Hopkins University, Baltimore, MD
- **Neurology Review for General Practitioners.**
Dr. Danish Bhatti Director, Parkinson Disease Clinic, University of Nebraska Medical Center.
- **Cosmetic Dermatology Updates.**
Dr. Khalil Khatri and Dr. Babar Rao, Consultant Dermatologist Harvard Medical School, Boston.
- **Communication Skills for Students & Physicians.**
Dr. Razi Muhammad/Dr. Imran Mehmood, Dean Muhammad Medical College/Director Medical Education, DUHS.
- **Acute Stroke Management in ER.**
Drs. Qasim Bashir & Dr. Shahid Rafiq, President Pakistan Stroke Society, APPNA Education Coordinator
- **Ob/Gyn – Evidence based standards in Contraception.**
Dr. Shama Munim, Professor Ob/Gyn, Aga Khan University, Karachi.
- **BOTOX for Facial Injections.** *Dr. Danish Bhatti, Director Parkinson Disease Clinic, University of Nebraska Medical Center, Omaha NE*
- **Cardiology.**
Dr. Zahid Jamal, Associate Professor, NICVD, Karachi.
- **Deceased Organ Donation.**
Dr. Anwar Naqvi, Professor of Urology, Sindh Institute of Urology and Transplantation, Karachi.

Plenary Lecture

- **"Leave a Legacy"**
Plenary Session by Prof. Adib Rizvi, Professor and Director, Sindh Institute of Urology and Transplantation, Karachi.
- **Update in Viral Hepatitis.**
Dr. Bilal Hameed, MD Associate Professor of Medicine, Program Director Hepatology Fellowship Program, University of California, San Francisco.
- **Disasters and Trauma.**
Dr. Asim Shah, MD presented Executive Vice Chairman, Professor, Menninger Department of Psychiatry and Family and Community Medicine, Division of Community Psychiatry, Baylor College of Medicine – Chief of Psychiatry, Ben Taube Hospital/Harris Health System.
- **Improving Patient Safety Improves Clinical outcomes.**
Dr. Kaleem Sayyed MD, MPH, Health Care Administrator, Chief of Quality, Clinical Systems Program Office, South Central VA Healthcare.
- **Cerebrovascular Accidents.**
Dr. Danish Bhatti Director. Parkinson Disease Clinic, University of Nebraska Medical Center.
- **Cardiovascular Diseases in Pakistan.**
Dr. Hanif Bashir, President, Pakistan Society of Interventional Cardiology, Secretary, Faculty Cardiology, College of Physicians and Surgeons Pakistan (CPSP) - Executive Director, Medical Director.
- **State-of-the-art Treatment for Pakistan's Drug and Alcohol Crisis.** *Dr. Mahjabeen Islam, MD FAAFP, FASAM, Clinical Associate Professor of Family Medicine, University of Toledo, College of Medicine – Medical Director Recovery Center, Toledo.*
- **Management of Diabetes Mellitus.** *Dr. Sara Nadeem, Aga Khan University Hospital, Karachi.*
- **Breast Cancer – A Global Perspective.** *Dr. Rabia Bhatti, MD Clinical Assistant Professor of Surgery, and Northwestern University – Director Breast Programs Resurrection Medical Center Chicago, St. Mary's & Elizabeth Medical Center Chicago, West Suburban Medical Center Oak Park.*
- **Genetics.** *Dr. Rizwan Naeem, MD, Professor, Albert Einstein College of Medicine, NY*

The Summit rounded off with a Ghazal program by the famous Singer Tina Sani. APPNA also organized many other social activities for the delegates and faculty members which included a tour of Karachi city. ■

Theatre play “Dil Ki Awaz Suno”

To promote Deceased Organ Donation

The Pakistan Medical Association and the Medical and Social Welfare Committee of the Arts Council of Pakistan (ACP) jointly organized a play “Dil Ki Awaz Suno” to create awareness and promote deceased organ donation Program.

Dr. S. M. Qaiser Sajjad, Chairman Medical Social Welfare Committee of ACP said that over 150,000 people die of end stage organ failure every year and the play is to bring awareness about Deceased Organ Donation.

The play was directed by famous artist Sheema Kirmani and written by Anwer Jafri. The theme of the play was to represent the value of organ donation, as one person can save eight lives by donating organs after death. The play touched upon, social, ethical and religious approval of deceased organ donation. After the play there was a Question and Answer session with SIUT faculty that included Dr. Anwar Naqvi, Dr. Mirza Naqi Zafar, Dr. Altaf Hashmi and Dr. Nasir Luck. They responded to questions from the audience on various aspects of Deceased Organ Donation. ■



Guest Lectures at SIUT



Dr. Maahum Haider

Dr. Maahum Haider, Assistant Professor of Urology, University of Washington Medical Centre, USA
24th October 2018

Topic: International Surgical Partnerships-a case study of Urethral Stricture Management from Senegal. ■



Prof. Norah Terrault MD

Prof. Norah Terrault MD, Consultant Hepatologist, University of California, San Francisco, USA
15th December 2018

Topic: HCV in Liver Transplantation. ■



Dr. Bilal Hameed MD

Dr. Bilal Hameed MD, Consultant Hepatologist University of California, San Francisco, USA
15th December 2018

Topic: Liver Transplant for Hepatocellular Cancer. ■



Dr. Qasim Ayub

Dr. Qasim Ayub, Associate Professor Genomics and Director Genomics Facility, School of Science Monash University, Malaysia
26th December 2018

Topic: Using Genomics to understand high altitude adaptation in the abode of snow. ■



Dr. Hussain Haideri

Dr. Hussain Haideri, Section Chief, Ambulatory Service, V A North Texas Health/Bonham Hospital, USA
27th December 2018

Topic: Polycystic Kidney disease: Medical and Surgical treatment – Native nephrectomy for control of post renal transplant hypertension. ■

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Donate Via Courier

Make your cheques and drafts payable to **SIUT Trust** and send it via **courier** to the given address.



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Please visit www.situt.org



Donate in Cash

Cash donations can be made at SIUT or you can call us and we will come to collect the donation (for Karachi only).

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APNA Microfinance Bank Limited	0112-2360-0114	PK04APNA0000011223600114	0112-2360-0103	PK10APNA0000011223600103
Askari Bank Limited	0100577081	PK59ASCM0000980100577081	0100577092	PK53ASCM0000980100577092
Bank Alfalah Limited	0022-1003819847	PK74ALFH0022001003819847	0022-1003819780	PK40ALFH0022001003819780
Bank AL Habib Limited	10810081002257012	PK66BAHL1081008100225701	1081-0081-00177701-9	PK49BAHL1081008100177701
BankIslami Pakistan Limited	104200151050202	PK95BKIP0104200151050202	104200151050201	PK25BKIP0104200151050201
Dubai Islamic Bank Pakistan Limited	0067305002	PK26DUIB0000000067305002	0067305001	PK53DUIB0000000067305001
Emaan Islamic Bank	5058-5000041515	PK43SAUD0000005000041515	5058-5000041523	PK21SAUD0000005000041523
Faysal Bank Limited	01440060000253	PK58FAYS0001440060000253	01440060000252	PK85FAYS0001440060000252
First Women Bank Limited	0001-00157531-0000	PK78FWOM0001001575310000	0001-00157531-0001	PK51FWOM0001001575310001
Habib Bank Limited	00087900270001	PK04HABB0000087900270001	00087900270101	PK20HABB0000087900270101
Habib Metropolitan Bank Ltd	6-1-1-20311-714-439493	PK59MPBL0101027140439493	6-1-1-20311-714-439486	PK54MPBL0101027140439486
JS Bank Limited	0000150960	PK83JSBL9514000000150960	0000150961	PK56JSBL9514000000150961
KASB Bank Limited	0011-135984-001	PK05PLCO000001135984001	0011-135979-001	PK78PLCO000001135979001
Meezan Bank Ltd	0100910129	PK95MEZN0001050100910129	0100909625	PK26MEZN0001050100909625
MCB Bank Limited	0026-064406791-1000841	PK61MUCB0644067911000841	00026-07010000032	PK76MUCB0002607010000032
National Bank of Pakistan	0270381	PK69NBPA0010002200270381	0270372	PK21NBPA0010002200270372
NIB Bank Limited	401889	PK30NIBP000000000401889	415747	PK90NIBP000000000415747
Sindh Bank	0315-096275-1000	PK86SIND0003150962751000	0315-096281-1000	PK83SIND0003150962811000
SME Bank Limited	4001-0016667-0001	PK43SMES4001000166670001	4001-0016559-0001	PK47SMES4001000166590001
Soneri Bank Limited	02012275711	PK67SONE0004102012275711	02012275661	PK59SONE0004102012275661
Standard Chartered Bank (Pak) Ltd	01-8061610-01	PK81SCBL0000001806161001	01-8062528-01	PK25SCBL0000001806252801
Summit Bank Limited	1-2-30-20311-714-136983	PK76SUMB0230027140136983	1-2-30-20311-714-136991	PK54SUMB0230027140136991
Tameer Microfinance Bank Ltd	104-029002334-001	PK53TMFB0104029002334001	104-029002335-001	PK19TMFB0104029002335001
The Bank of Khyber	00095-00-1	PK71KHYB0036000000095001	00096-00-5	PK26KHYB0036000000096005
The Bank of Punjab	0017020004	PK35BPUN2390020017020004	0017030006	PK29BPUN2390020017030006
United Bank Limited (PKR)	0401003-0006-2	PK34UNIL0112040100300062	0401003-0005-5	PK29UNIL0112040100300055
United Bank Limited (USD)	006531000357	PK97UNIL0112006531000357	006531000371	PK10UNIL0112006531000371

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